



Dane County Comprehensive Community Services

Provider Directory

Revised 3/18/2025

Please remember to verify your provider is in-network at the facility and date of your appointment

Service Facilitation	Diagnostic Evaluations	Employment Skill Development	Individual/Family Psycho-education	Individual Skill Development/Enhancement	Medication Management	Physical Health Monitoring	Peer Support	Psychotherapy	Substance Abuse Treatment	Wellness Management
			Adventures in Wellness	Adventures in Wellness			Adventures in Wellness			Adventures in Wellness
Anesis	Anesis	Anesis	Anesis	Anesis	Anesis	Anesis	Anesis	Anesis	Anesis	Anesis
			Anu	Anu				Anu		
	ARC	ARC	ARC	ARC	ARC	ARC	ARC	ARC	ARC	ARC
		Aspires247	Aspires247	Aspires247	Aspires247	Aspires247				Aspires247
	Badger Care Clinic		Badger Care Clinic	Badger Care Clinic	Badger Care Clinic	Badger Care Clinic			Badger Care Clinic	Badger Care Clinic
		Badger Youth Service	Badger Youth Service	Badger Youth Service						Badger Youth Service
		Better Bee	Better Bee	Better Bee	Better Bee	Better Bee				Better Bee
			Body Mechanix, LLC	Body Mechanix, LLC		Body Mechanix, LLC				
				Building Great Kids Therapy						
			Capital Minds	Capital Minds		Capital Minds		Capital Minds		
Caring Connection	Caring Connection		Caring Connection	Caring Connection	Caring Connection	Caring Connection		Caring Connection		
			Cascading Waters	Cascading Waters				Cascading Waters		
Catalyst for Change	Catalyst for Change	Catalyst for Change	Catalyst for Change	Catalyst for Change	Catalyst for Change	Catalyst for Change	Catalyst for Change	Catalyst for Change	Catalyst for Change	Catalyst for Change
Caya Clinic	Caya Clinic		Caya Clinic	Caya Clinic			Caya Clinic	Caya Clinic	Caya Clinic	Caya Clinic
CCC	CCC	CCC	CCC	CCC		CCC		CCC		CCC
		CCLS		CCLS	CCLS	CCLS				CCLS
	CCP		CCP					CCP		
		Christian Servants	Christian Servants	Christian Servants						
		Chrysalis	Chrysalis	Chrysalis			Chrysalis			
CLA		CLA	CLA	CLA	CLA	CLA		CLA		CLA
			Collective Roots					Collective Roots		
			Collective Voices	Collective Voices						
Common Threads	Common Threads	Common Threads	Common Threads	Common Threads				Common Threads		
	Connections						Connections	Connections	Connections	
		Cornucopia	Cornucopia	Cornucopia		Cornucopia	Cornucopia			Cornucopia
			Creative Forces	Creative Forces				Creative Forces		
			CSA-Pauquette	CSA-Pauquette	CSA-Pauquette	CSA-Pauquette		CSA-Pauquette	CSA-Pauquette	CSA-Pauquette

Service Facilitation	Diagnostic Evaluations	Employment Skill Development	Individual/Family Psycho-education	Individual Skill Development/Enhancement	Medication Management	Physical Health Monitoring	Peer Support	Psychotherapy	Substance Abuse Treatment	Wellness Management
	CSSW Children's WI		CSSW Children's WI					CSSW Children's WI		
	CTN		CTN	CTN				CTN		
Day One MH	Day One MH	Day One MH	Day One MH	Day One MH	Day One MH	Day One MH		Day One MH	Day One MH	Day One MH
	Deeper Insights		Deeper Insights					Deeper Insights		
			Diamond MH					Diamond MH		
				Dyer Multisensory Ap						
	Ease-of-Mind		Ease-of-Mind	Ease-of-Mind	Ease-of-Mind	Ease-of-Mind		Ease-of-Mind		Ease-of-Mind
	Edelweiss				Edelweiss			Edelweiss		
	Elite Cognition	Elite Cognition	Elite Cognition	Elite Cognition	Elite Cognition	Elite Cognition		Elite Cognition		Elite Cognition
		Ellie Mental Health	Ellie Mental Health	Ellie Mental Health				Ellie Mental Health	Ellie Mental Health	Ellie Mental Health
		EmployAbility	EmployAbility	EmployAbility			EmployAbility	EmployAbility		
		EOTO, LLC	EOTO, LLC	EOTO, LLC			EOTO, LLC			EOTO, LLC
		ERI		ERI						
		Essence Realized	Essence Realized	Essence Realized						Essence Realized
FLYY			FLYY	FLYY			FLYY	FLYY		
		Forward Counseling	Forward Counseling	Forward Counseling				Forward Counseling	Forward Counseling	Forward Counseling
			Foundations CC	Foundations CC				Foundations CC		
	Four Winds		Four Winds	Four Winds				Four Winds	Four Winds	
	FSM	FSM	FSM	FSM				FSM		FSM
								Ginko Counseling Ser		
	Golden Mend		Golden Mend	Golden Mend	Golden Mend	Golden Mend	Golden Mend	Golden Mend	Golden Mend	Golden Mend
Grand Journey	Grand Journey	Grand Journey	Grand Journey	Grand Journey			Grand Journey	Grand Journey		
			Greenroot Yoga	Greenroot Yoga						Greenroot Yoga
Greyley Wellness			Greyley Wellness	Greyley Wellness		Greyley Wellness		Greyley Wellness		Greyley Wellness
			Hancock Ctr for CATs	Hancock Ctr for CATs				Hancock Ctr for CATs		
HealthyMinds	HealthyMinds	HealthyMinds	HealthyMinds	HealthyMinds	HealthyMinds	HealthyMinds	HealthyMinds	HealthyMinds	HealthyMinds	HealthyMinds
Hope Inspired	Hope Inspired	Hope Inspired	Hope Inspired	Hope Inspired	Hope Inspired	Hope Inspired	Hope Inspired	Hope Inspired	Hope Inspired	Hope Inspired
		Horizon HS	Horizon HS	Horizon HS	Horizon HS	Horizon HS	Horizon HS			Horizon HS
		Housing Initiatives		Housing Initiatives		Housing Initiatives	Housing Initiatives			

Service Facilitation	Diagnostic Evaluations	Employment Skill Development	Individual/Family Psycho-education	Individual Skill Development/Enhancement	Medication Management	Physical Health Monitoring	Peer Support	Psychotherapy	Substance Abuse Treatment	Wellness Management
Insight Counseling	Insight Counseling		Insight Counseling	Insight Counseling				Insight Counseling		Insight Counseling
	IYC		IYC	IYC				IYC		IYC
			Jason Smith	Jason Smith				Jason Smith		
Journey	Journey	Journey	Journey	Journey	Journey	Journey	Journey	Journey	Journey	Journey
	Kabba Recovery		Kabba Recovery	Kabba Recovery	Kabba Recovery			Kabba Recovery	Kabba Recovery	Kabba Recovery
KFT		KFT	KFT	KFT		KFT		KFT	KFT	
LSS			LSS	LSS			LSS	LSS		LSS
			LSS-OTSC	LSS-OTSC			LSS-OTSC			LSS-OTSC
	Maleck Therapy		Maleck Therapy					Maleck Therapy	Maleck Therapy	Maleck Therapy
Manifest Wellness			Manifest Wellness	Manifest Wellness				Manifest Wellness	Manifest Wellness	Manifest Wellness
	Mercyland		Mercyland		Mercyland	Mercyland		Mercyland		Mercyland
			Michelle Ayres					Michelle Ayres		
			Moontree Psych Ctr					Moontree Psych Ctr	Moontree Psych Ctr	Moontree Psych Ctr
Neu K	Neu K	Neu K	Neu K	Neu K	Neu K	Neu K		Neu K		Neu K
		New Growth MHC	New Growth MHC	New Growth MHC		New Growth MHC		New Growth MHC	New Growth MHC	New Growth MHC
			New Level BH	New Level BH				New Level BH	New Level BH	
ODCC	ODCC		ODCC	ODCC				ODCC		
Orchestra X		Orchestra X	Orchestra X	Orchestra X	Orchestra X	Orchestra X	Orchestra X	Orchestra X	Orchestra X	Orchestra X
Orion FS			Orion FS	Orion FS				Orion FS		
Our Generations		Our Generations	Our Generations	Our Generations	Our Generations	Our Generations	Our Generations	Our Generations	Our Generations	Our Generations
		Pecku Anchored	Pecku Anchored	Pecku Anchored	Pecku Anchored	Pecku Anchored	Pecku Anchored			
Radiant Minds BHS		Radiant Minds BHS		Radiant Minds BHS						Radiant Minds BHS
RCC Wellness		RCC Wellness	RCC Wellness	RCC Wellness				RCC Wellness	RCC Wellness	RCC Wellness
RISE Wisconsin	RISE Wisconsin		RISE Wisconsin	RISE Wisconsin				RISE Wisconsin		
								Samaritan Counseling		
SOAR	SOAR		SOAR	SOAR	SOAR	SOAR	SOAR	SOAR		SOAR
		Sondercove Wellness LLC	Sondercove Wellness LLC	Sondercove Wellness LLC	Sondercove Wellness LLC	Sondercove Wellness LLC	Sondercove Wellness LLC			Sondercove Wellness LLC
		Stay Focused	Stay Focused	Stay Focused	Stay Focused			Stay Focused	Stay Focused	Stay Focused
Steaming Ahead				Steaming Ahead						
Step Time		Step Time	Step Time	Step Time	Step Time			Step Time	Step Time	Step Time

Service Facilitation	Diagnostic Evaluations	Employment Skill Development	Individual/Family Psycho-education	Individual Skill Development/Enhancement	Medication Management	Physical Health Monitoring	Peer Support	Psychotherapy	Substance Abuse Treatment	Wellness Management
Tellurian	Tellurian	Tellurian	Tellurian	Tellurian	Tellurian	Tellurian	Tellurian	Tellurian	Tellurian	Tellurian
The Hmong Institute		The Hmong Institute	The Hmong Institute	The Hmong Institute	The Hmong Institute	The Hmong Institute	The Hmong Institute	The Hmong Institute		The Hmong Institute
	The Rainbow Project		The Rainbow Project	The Rainbow Project				The Rainbow Project		The Rainbow Project
			Think & Grow					Think & Grow		
TPC	TPC	TPC	TPC	TPC	TPC	TPC		TPC	TPC	TPC
		Trailhead Therapy	Trailhead Therapy	Trailhead Therapy				Trailhead Therapy		Trailhead Therapy
	Trailways Counseling		Trailways Counseling	Trailways Counseling				Trailways Counseling		Trailways Counseling
Triquestrian	Triquestrian	Triquestrian	Triquestrian	Triquestrian	Triquestrian	Triquestrian	Triquestrian	Triquestrian	Triquestrian	Triquestrian
True Believers			True Believers	True Believers	True Believers			True Believers	True Believers	
			Venus Inspires	Venus Inspires		Venus Inspires				Venus Inspires
WI Family Mental Bal	WI Family Mental Bal	WI Family Mental Bal	WI Family Mental Bal	WI Family Mental Bal	WI Family Mental Bal	WI Family Mental Bal	WI Family Mental Bal	WI Family Mental Bal	WI Family Mental Bal	WI Family Mental Bal
			WI Family Ties	WI Family Ties			WI Family Ties			
			Wild Roots Healing					Wild Roots Healing		
		Williams Career		Williams Career	Williams Career	Williams Career				Williams Career
	Willow Counseling	Willow Counseling	Willow Counseling	Willow Counseling			Willow Counseling	Willow Counseling		Willow Counseling
			Winding Path	Winding Path	Winding Path			Winding Path	Winding Path	Winding Path
	You Bloom Couns							You Bloom Couns		

ADVENTURES IN WELLNESS AND RECOVERY LLC

275 ASH ST. OREGON, WI 53575	Telephone: (608) 692-0478 Fax: Website: www.adventuresinwellnessandrecovery.com
Services Provided: <ul style="list-style-type: none">* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Peer Support* Wellness Management and Recovery/Recovery Support Services	Ages Served: 18 - 59 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description <p>Adventures in Wellness & Recovery is a strengths-based, holistic mental health, recovery & wellness agency. We are honored to partner with adult CCS teams & bring top-notch skills, caring peer support, wellness strategies, recovery principles & even some fun & lightness into consumer's lives.</p> <p>Our services come with a myriad of evidence-based practices, research, recreation, passion & inspiration. We are privileged to partner with consumers to help them craft their own Adventure in Wellness & Recovery.</p> <p>We believe strongly in teaming up with consumer's families & natural supports. It can give such gusto to a recovery journey. It can boost motivation & can empower consumers to live a more successful life with meaningful & satisfying relationships with self & others.</p> <p>We aim to make it fun too & keep some lightness in one's recovery work. We have decades of lived experiences with sobriety & mental health recovery principles achieved along multiple pathways; in addition to extensive education, training, advocacy work & degrees in family science, psychology & social work.</p> <p>The best way to connect & find out more is to email Wendy@adventuresinwellnessandrecovery.com to find out more about services and obtain a referral form. In addition, please feel free to call/text (608) 692-0478.</p> <p>More information is available at www.adventuresinwellnessandrecovery.com.</p> <p>We look forward to connecting with you!</p>	

ANESIS CENTER FOR MARRIAGE AND FAMILY THERAPY LLC

815 FORWARD Drive
MADISON, WI 53711
Wheelchair Accessible

2701 INTERNATIONAL Lane
STE 210
MADISON, WI 53704-3126

Telephone: (608) 268-6530

Fax: (608) 709-1744

Website: <http://anesistherapycenter.com/>

Services Provided:

- * SERVICE FACILITATION (assessment/planning)
- * Diagnostic Evaluations
- * Employment-Related Skill Training
- * Individual and/or Family Psychoeducation
- * Individual Skill Development and Enhancement
- * Medication Management
- * Peer Support
- * Physical Health Monitoring
- * Psychotherapy
- * Substance Abuse Treatment
- * Wellness Management and Recovery/Recovery Support Services

Ages Served: Birth - 84

Service Location: Home, Office, Other Place of Service

Service Limitations: We do not specialize in treatment for autism or developmental disabilities

Languages: Albanian, French, Hebrew, Hmong, Spanish

State Certification: DHS 75.50 Certified

Service Description

Located in the heart of the Madison community, Anesis Therapy stands out for its commitment to providing mental health services that deeply support structural inclusivity. Our multidisciplinary team of therapists possesses a wealth of life and clinical experiences, insight, and community expertise, which contribute to fostering empathy and understanding throughout every facet of our practice.

At Anesis Therapy, warmth, positive regard, deep therapeutic connections, and representation serve as the foundation of our services. We champion the power of individual stories and create a safe space for sharing them, sparking the healing process.

As systems therapists and mental health professionals, we address problems by considering the social, political, and cultural storylines that shape our self-perceptions and personal narratives. Our approach extends to family therapy, where we strive to transform the family system instead of solely focusing on specific members.

Our expertise encompasses a wide range of therapies and interventions, including:

- Trauma-focused Cognitive Behavioral Therapy for youth
- Brainspotting
- Substance abuse counseling
- Child Parent Psychotherapy
- EMDR
- ACT Parenting
- Cultural and linguistic specific services for racially and diverse family structures

Emphasizing client participation in the therapeutic process, we recognize that individuals are our most valuable resource for resolving inner and circumstantial conflicts. Our philosophy centers on the idea that the person is not the problem, the problem is the problem.

Anesis Therapy's mission is to guide people through mental health and wellness aspects of life in a way that honors culture, family, community, and faith.

To learn more, please visit our website at www.anesistherapycenter.com

ANU FAMILY SERVICES, INC.

258 CORPORATE DRIVE STE 211 MADISON, WI 53714 <i>Wheelchair Accessible</i>	Telephone: (715) 629-9236 Fax: (855) 329-2681 Website: www.anufs.org
Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy	Ages Served: Birth - 84 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description Anu's Parent Coaching program focuses on strengthening and repairing the relationship between parent and child. Coaches help parents/caregivers understand how to attune to their child, provide education on child development, and guide them in gaining compassion for and understanding of the reasons behind their children's behaviors. Parent Coaching empowers parents/caregivers by giving them practical trauma-effective parenting tools while encouraging them to parent in a loving way that draws their child in rather than push them away. Parenting techniques to be explored can include: <ul style="list-style-type: none">• Heartfelt appreciation (which rewards the desired behavior) and encouragement• Understanding that all behavior is communication and uncovering what your child is trying to convey• To foster increased attachment• Implementing family meetings• Establishing effective rules• Growing desired behaviors• Implementing "do-overs" rather than punishing• Staying in the present moment--letting go of fears over tomorrow or what happened yesterday• Understanding the individual child and his/her challenges, i.e., autism, ADHD, ODD, sensory processing concerns, reactive attachment disorder, giftedness, etc.• Communicating with children, so the message gets through• Appropriate use of consequences• Handling pressure from other relatives, teachers, and friends• Creating structure Individualized Trauma Services (ITS) is designed to help consumers, both adults and youth, grieve past losses and build resilience for future emotional and relational success. ITS builds consumers' resilience by helping them process the effects of their trauma and by strengthening relationships with a healthy support network. Goals for ITS include helping consumers practice advocating for themselves and finding value in themselves, making them less vulnerable in society.	

ARC COMMUNITY SERVICES INC

<p>2001 W. BELTLINE HWY. MADISON, WI 53713</p> <p>1409 EMIL STREET MADISON, WI 53713 <i>Wheelchair Accessible</i></p>	<p>Telephone: (608) 278-2300 Fax: (608) 278-2313 Website: www.arccommsserv.com</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	<p>Ages Served: 18 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: ARC offers services to adult women who have a substance use disorder and satisfy requirements for admission to an outpatient level of care under DHS 75.13 or DHS 35. We offer specialized programming for pregnant and post-partum women.</p> <p>State Certification: DHS 35 Certified DHS 75.49 Certified</p>
<p>Service Description Individual and group interventions addressing substance use and co-occurring disorders utilizing cognitive behavioral techniques to address family and relationships, trauma, emotional regulation, anger management, and parenting.</p>	

1630 FORDEM Avenue APT 109 MADISON, WI 53704 Wheelchair Accessible	Telephone: (608) 445-6757 Fax: Website:
Services Provided: <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Wellness Management and Recovery/Recovery Support Services 	Ages Served: 13 - 49 Service Location: Home, Office, Other Place of Service Service Limitations: I have worked with individuals with visual limitations in a vocational capacity but would not be qualified to do mobility training with this population and I do not read Braille.
Service Description <p>Anne Spires gained her passion and experience assisting people in overcoming barriers while respecting their personal values as a Transition Coordinator/Special Education teacher in school and community settings. She helped students with multiple areas of difficulty access adult life and learning. The outcome based tools and strategies Anne uses are chosen according to the personal preference of her clients, their individual struggles and what they wish to achieve.</p> <p>Anne has assisted clients and students in developing the skills and structures they need to attain the lives they want for the past 19 years. She looks forward to continuing this work with you.</p> <p>The following are some, but not all, services available with Anne:</p> <p>Trauma informed Yoga & Somatic Practices: Focus on promoting emotional regulation, trauma symptom management, pain relief, and relaxation.</p> <p>HeartMath ADD Facilitator: Anne teaches and uses HeartMath techniques & technology during sessions.</p> <p>Medication Management (non-prescriber).</p> <p>Individual Skills Enhancement: Setting up schedules & routines to support work, life & fitness goals, safely accessing the community, using public transportation, use of time management techniques & aids, cooking, and grocery shopping.</p> <p>Employment Related Skill Development: Job orientation, job coaching, social skills/soft skills instruction, using technology, checklists & alarms; helping you learn to ask for help while maintaining composure at work and in the community.</p> <p>Individual/Family Psychoeducation: Understanding your diagnosis, how it impacts you individually, and developing coping mechanisms to manage your recovery. Helping you and important people in your life understand what you experience & what is helpful for you.</p> <p>Wellness Management and Recovery: Using nutrition & fitness to support and maintain mental health recovery.</p> <p>Special areas of interest and expertise: Working with individuals with ADHD/ADD, learning differences, and co-occurring mental health diagnoses. Developing yoga and exercise routines & habits to improve overall physical & mental health.</p>	

BADGER CARE LLC

210 N MAIN STREET STE 103 DEFOREST, WI 53532 <i>Wheelchair Accessible</i>	Telephone: (608) 842-2660 Fax: (608) 305-8898 Website: www.badgercareclinic.com
Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 74 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description Badger Care LLC is an agency that provides medication management and substance abuse services to residents of Dane County. Our staff consists of a licensed physician, licensed clinical substance abuse counselor and licensed medical assistants. The staff have a combined over 40 years of experience providing comprehensive physical acute care, substance abuse and mental health services to consumers. Our agency strives to treat everyone we serve with the utmost dignity and respect. We believe in treating the whole self through a multitude of evidence based approaches.	

BADGER YOUTH SERVICES LLC

3972 RUTH Court MCFARLAND, WI 53558	Telephone: (608) 695-4418 Fax: (608) 249-1606 Website:
Services Provided: * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 21 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description Badger Youth Services is a community-based organization that promotes positive mental health and prevents or minimizes mental health problems. BYS is led by John Harmelink, who brings 32 years of experience as a youth program director at a local community center and 30 years at MMSD, providing services and support to youth with mental health and behavioral issues. BYS provides supportive services to enhance emotional, psychological and social well being. Service array includes individual and family psychoeducation, peer support, individual related skills training. Practices will be evidenced based and delivered in community settings. BYS staff has extensive experience in the development of study skills, social /emotional skills, mindfulness, life skills, anger management, growth mindset, recreational activities, IEP assistance, and offers wellness training with a certified trainer. Transportation can be provided to appointments. Flexible meeting times to include evening and weekend availability to ensure access for all youth to BYS services.	

BETTER BEE, INC.

212 EAST VERONA AVE. STE B VERONA, WI 53593	Telephone: (608) 618-0009 Fax: Website:
Services Provided: * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Wellness Management and Recovery/Recovery Support Services	Ages Served: 13 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: I am unable to provide services to sexual offenders at this time.
Service Description Better Bee provides a variety of wellness services to promote a better life experience. We provide care that is patient-centered, culturally sensitive and LGBTQ-affirmative. We offer support in these areas: Individual Skill Development Individual and/or Family Psychoeducation Medication Management Physical Health Monitoring Employment Related Skill Development	

BODY MECHANIX, LLC

7781 ELMWOOD Avenue STE 112 MIDDLETON, WI 53562 <i>Wheelchair Accessible</i>	Telephone: (608) 836-8111 Fax: Website: www.bodymechanixfitness.com
Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Physical Health Monitoring	Ages Served: 13 - 84 Service Location: Home, Office, Other Place of Service Service Limitations: My area of expertise is Trauma Informed Weight Lifting. Almost anyone could benefit physically and emotionally from progressive resistance training, with the proper instruction, support, guidance and oversight. Restrictions would depend on the individual's emotional limitations and physical capabilities and would need to be assessed individually.
Service Description Body Mechanix provides a state-of-the-art fully equipped personal fitness training facility providing one-on-one, private, by appointment only, personal training sessions offering a multi-faceted and holistic approach to fitness. We are committed to: **Educate every client and provide structure and accountability **Help each client to develop a lifestyle that encourages health and wellness **Mentor clients to help them achieve new levels of positive physical change that they can maintain on their own throughout a lifetime **Integrate all the various components necessary to attain optimal health including strength and core training, cardiovascular training, flexibility and balance exercises, relaxation techniques, diet, and supplementation. **Incorporate all components into a well-rounded all-inclusive training philosophy **Exceed client expectations developing programs that deliver exceptional results by applying and following sound scientifically proven systems, carefully supervised, and individually designed with each client's specific goals in mind. **Design individualized, systematic fitness programs by gaining a thorough understanding of each client's goals, needs and abilities **Monitor client's needs, functional capabilities and physiological effects from exercise utilizing proper and regular fitness assessments	

BUILDING GREAT KIDS THERAPY, LLC

N7169 E PLAZE Drive BEAVER DAM, WI 53916	Telephone: (608) 286-1171 Fax: (833) 699-2154 Website: www.buildinggreatekidstherapy.com
Services Provided: * Individual Skill Development and Enhancement	Ages Served: 4 - 17 Service Location: Office Service Limitations:
Service Description Building Great Kids therapy is a private pediatric therapy practice located in Madison, WI. We exist to empower children and their families to succeed at home, school and life. Building Great Kids Therapy offers advanced screenings, evaluations and intervention for children and young adults. Our licensed occupational therapists develop individualized service plans designed to meet the needs of the whole child and their families. Building Great Kids therapy began accepting patients in August of 2023. As our clinic grows, we will eventually be offering speech/language pathology and physical therapy services. Our occupational therapist is a Certified Autism Specialist and ADHD-Rehabilitation Services Provider and has 13+ years of school-based and private practice experience. Building Great Kids Therapy has immediate openings available on weekdays from 9AM-7PM. Our hours are open later to accommodate patients late in the evening for families who have children needing services after the conclusion of their school day.	

CAPITAL MINDS, LLC

3830 ATWOOD AVE. UNIT #4 MADISON, WI 53714 <i>Wheelchair Accessible</i>	Telephone: (608) 609-1849 Fax: Website: www.capitalminds.org
Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Physical Health Monitoring * Psychotherapy	Ages Served: Birth - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description Capital Minds provides a holistic approach to the overall health of families and individuals by using evidence based strategies and mindful practices. Our vision is to provide culturally competent services that promote the wellbeing of those we work with. We also encourage personal advocacy and healthy lifestyle choices.	

CARING CONNECTION LLC

404 DECLARK Street BEAVER DAM, WI 53916	Telephone: (608) 400-9070 Fax: Website:
Services Provided: <ul style="list-style-type: none">* SERVICE FACILITATION (assessment/planning)* Diagnostic Evaluations* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Medication Management* Physical Health Monitoring* Psychotherapy	Ages Served: 22 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description <p>Welcome to Caring Connection, your trusted partner on the journey to mental and emotional wellbeing. At Caring Connection, we understand that life's challenges can sometimes become overwhelming, affecting our mental health and overall quality of life. That's why we're here – to provide compassionate support, evidence-based therapies, and a safe space for individuals seeking to improve their mental well-being.</p> <p>Our agency is staffed with a team of CCS certified and experienced mental health professionals who are dedicated to helping you navigate the complexities of your mental health and how it impacts your life. We offer a range of services tailored to meet your unique needs.</p> <p>Caring Connection operates with the utmost respect for your privacy and confidentiality. We strive to create a non-judgmental and inclusive environment where everyone is welcome, regardless of background, identity, or circumstance. Your mental health journey is unique, and we're here to walk alongside you, offering guidance, tools, and support every step of the way. Contact us today to take the first step towards a healthier and happier you. Remember, seeking help is a sign of strength, and you don't have to face life's challenges alone.</p>	

CASCADING WATERS LLC

6907 UNIVERSITY AVE. #223 MIDDLETON, WI 53562	Telephone: (920) 224-3492 Fax: Website:
Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy	Ages Served: 4 - 49 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description Provide individual skills enhancement and psychotherapy to community members with an emphasis on psychosocial rehabilitation. Use of DBT, experiential therapy and systems approach to impress long-term and sustainable improvement of well-being.	

CATALYST FOR CHANGE, INC

2617 EAST WASHINGTON Avenue MADISON, WI 53704 2901 INTERNATIONAL Lane STE 100 MADISON, WI 53704	Telephone: (608) 335-2872 Fax: (608) 480-8070 Website: www.catalystforchangeinc.org
Services Provided: <ul style="list-style-type: none">* SERVICE FACILITATION (assessment/planning)* Diagnostic Evaluations* Employment-Related Skill Training* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Medication Management* Peer Support* Physical Health Monitoring* Psychotherapy* Substance Abuse Treatment* Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description <p>Catalyst for Change is a non-profit organization founded in 2019 to address gaps in homeless services. Our team is dedicated to supporting and empowering individuals experiencing homelessness and housing insecurity in our community. We create meaningful connections by offering street outreach, trauma-informed clinical interventions, and harm reduction services. We provide wrap-around, intensive case management, substance abuse treatment, and psychoeducation to our CCS participants. Our mission is to impact the community by offering quality compassionate services that promote the upliftment and humanity of the most vulnerable members of society. Our vision is to eliminate human suffering.</p>	

CAYA CLINIC, INC.

4785 Hayes Road STE 200 Madison, WI 53704 <i>Wheelchair Accessible</i>	Telephone: (608) 844-8473 Fax: (608) 400-8422 Website: www.cayaclinic.org
Services Provided: <ul style="list-style-type: none">* SERVICE FACILITATION (assessment/planning)* Diagnostic Evaluations* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Peer Support* Psychotherapy* Substance Abuse Treatment* Wellness Management and Recovery/Recovery Support Services	Ages Served: Birth - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description <p>We provide harm reduction psychotherapy through individual and group sessions to people in Wisconsin. Our approaches include but are not limited to: ACT, EFT, Prolonged Exposure, Solution-focused Brief Therapy, Motivational Interviewing, Positive Psychology, Dialectical Behavioral Therapy, Cognitive Behavioral Therapy, The Flash Technique, EMDR, NDIT, and The Sinclair Method. We do not require abstinence to receive counseling for substance use moderation, mental health, and trauma therapy. We provide harm reduction supplies to all clients. We have therapists that specialize in the area of treating eating disorders.</p>	

CHILDREN'S SERVICE SOCIETY OF WISCONSIN

1716 FORDEM AVE. MADISON, WI 53704 <i>Wheelchair Accessible</i>	Telephone: (608) 221-3511 Fax: (608) 221-6514 Website: www.childrenswi.org
Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Psychotherapy	Ages Served: Birth - 21 Service Location: Office Service Limitations: Languages: Spanish State Certification: DHS 35 Certified
Service Description Children's Wisconsin Child and Family Counseling is an outpatient mental health clinic offering psychotherapy services to children ages 0-18, and parents who are impacted by mental health concerns. Children's Wisconsin currently has six psychotherapists on staff. Three staff operate out of our Child and Family Counseling office, and three staff are operating in our school based locations. At times, there is a short wait list for psychotherapy. All of our therapists have extensive experience working with trauma, depression, anxiety, ADHD, gender dysphoria, emotional behavioral disturbance in children and adolescents and other various issues. Our staff has evidence based training in TF-CBT and CBT. Our therapists have additional education and certifications in play therapy, grief and loss, motivational interviewing and solution focused therapy.	

CHILDREN'S THERAPY NETWORK, LLC

639 Struck Street Madison, WI 53719 <i>Wheelchair Accessible</i>	Telephone: (608) 234-5990 Fax: (608) 819-6825 Website: www.ctn-madison.com
Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy	Ages Served: Birth - 17 Service Location: Office Service Limitations: Our specialty is sensory related and regulation issues that often co-exist amongst mental health concerns through family focused treatment. Parents must be able to attend and participate in sessions. Languages: Spanish State Certification: DHS 35 Certified
Service Description Children's Therapy Network provides occupational therapy, mental health services, speech therapy, diagnostic services and parent coaching. We provide treatment using an integrated, family-focused model. We have expertise in the treatment of trauma, behavioral concerns, attachment issues, movement disorders and sensory processing difficulties.	

CHRISTIAN SERVANTS HOME CARE LLC

W5669 COUNTY ROAD KK Road STE E APPLETON, WI 54915	Telephone: (920) 723-4890 Fax: (920) 214-1180 Website: www.christianservantshomecare.com
Services Provided: * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description Christian Servants Home Care, LLC is a non-medical provider agency serving all ages and abilities. Our staff can work with youth and adults in the CCS Program. We work in various counties throughout Wisconsin, and are ready to work with you and your loved ones! Our staff are trained in mental health and substance use mentoring and leadership. Our team will work with you and your family to find time for care that works for everyone. Our staff can work in the community, your home, or the school. We pride ourselves on being flexible. Christian Servants Home Care, LLC staff are trained in the following areas to assist you and your loved ones in the CCS Program: communication, interpersonal skills, problem solving, decision-making, self-regulation, conflict resolution, finding, securing, and keeping a job, parent mentoring, and coping with mental health and/or substance abuse issues. CALL FOR MORE INFORMATION Andrea Rens 920.948.5464 Mary Parrott 920.723.4890	

CHRYSLIS INC

1342 DEWEY Court MADISON, WI 53703 <i>Wheelchair Accessible</i>	Telephone: (608) 256-3102 Fax: (608) 413-5194 Website: www.workwithchrysalis.org								
Services Provided: <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support 	<table border="0"> <tr> <td>Ages Served:</td><td>13 - 85+</td></tr> <tr> <td>Service Location:</td><td>Home, Office, Other Place of Service</td></tr> <tr> <td>Service Limitations:</td><td>Chrysalis services are ideal for someone who has a goal around work, education, community involvement, connection, or exploring purpose as it relates to wellness</td></tr> <tr> <td>Languages:</td><td>Hmong, Spanish</td></tr> </table>	Ages Served:	13 - 85+	Service Location:	Home, Office, Other Place of Service	Service Limitations:	Chrysalis services are ideal for someone who has a goal around work, education, community involvement, connection, or exploring purpose as it relates to wellness	Languages:	Hmong, Spanish
Ages Served:	13 - 85+								
Service Location:	Home, Office, Other Place of Service								
Service Limitations:	Chrysalis services are ideal for someone who has a goal around work, education, community involvement, connection, or exploring purpose as it relates to wellness								
Languages:	Hmong, Spanish								
<p>Service Description Chrysalis believes that every person with a mental health or substance use challenge is capable of working in the community.</p> <p>SUPPORTED EMPLOYMENT & EDUCATION: Chrysalis services follow Dartmouth's model of evidence-based Individual Placement and Supported (IPS) Supported Employment, The goal is to help participants find and maintain competitive, community-based employment that matches their individual skills, interests, and abilities. In addition to the IPS Model Chrysalis also supports employment and education goals through meaningful relationships and community building. *Must be of working age to receive these services</p> <p>VOCATIONAL PEER SUPPORT: The peer specialist movement embodies Chrysalis' strengths-based perspective. Chrysalis vocational peer specialists use their lived experience with mental health and/or substance use challenges to help other achieve their personal and work-related goals. Chrysalis Vocational Peer Specialists perform a wide range of tasks to assist consumers in regaining control over their lives, and their own recovery process.</p> <p>CHRYSLIS CLUBHOUSE is a place where people with mental health challenges come to build relationships, work on employment and education goals, and support their individual recovery process. The Chrysalis Clubhouse welcomes people with different abilities, and is an inclusive non judgmental environment. We are a community of individuals who share our experiences, struggles, and tips with mental health and substance use challenges to assist in our recovery. The Chrysalis Clubhouse adds to the Chrysalis service programs by offering a space for members to build friendships and skills, get and give support, share ideas, and experiences. The Chrysalis Clubhouse has three primary focus areas:</p> <ul style="list-style-type: none"> • Career Development: supports vocational, educational, and employment goals • Wellness: builds skills around healthy eating, movement and gardening • Communications: promotes digital literacy, written and verbal communication, self-advocacy 									

COLLECTIVE ROOTS PSYCHOTHERAPY LLC

303 S PATTERSON Street STE 6 MADISON, WI 53703	Telephone: (608) 305-4325 Fax: (608) 709-1079 Website:
Services Provided: * Individual and/or Family Psychoeducation * Psychotherapy	Ages Served: 4 - 85+ Service Location: Office Service Limitations: Concerning safety of staff and clients, individuals not appropriate for outpatient services, particularly, people who may become violent will not be best served by this agency.
Service Description Collective Roots Psychotherapy is an outpatient mental health agency specializing in combining the expressive arts, nature based modalities, and dynamic body-based therapy services. Our experienced therapists utilize the visual arts, sound/music, movement and somatic techniques based in neuroscience, with a trauma-informed approach, to support clients in reaching their unique wellness and mental health goals. At Collective Roots Psychotherapy, we acknowledge the impact of systemic oppression and are committed to working towards dismantling the structures that perpetuate harm and tell people they are broken. We are proud to serve and provide affirming therapy to diverse folx in the LGBTQIA+ community. Our sex positive, dual licensed therapists strives to create a safe and inclusive environment where all abilities, genders, races, sexualities, and cultures are celebrated and can participate in affirming psychotherapy. Areas of expertise include: topics around sex and sexuality, trauma survivors, ADHD, relationships (expansive and traditional), anxiety, depression, identity, and life transitions	

COLLECTIVE VOICES, LLC

PO BOX 243 DODGEVILLE, WI 53533	Telephone: (608) 347-1432 Fax: Website: www.collective-voices.com
Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement	Ages Served: 4 - 84 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description <p>1. Conflict & Repair Dialogue</p> <ul style="list-style-type: none">• Three to ten is the average number of sessions per referral. Each session is 1 - 2 hours in length.• Conflict & Repair dialogue is a facilitated process used to address a specific conflict or patterns of conflict between two or more people that centers around restoring healthy relationships versus establishing "right" and "wrong." Conflict & Repair dialogue is a voluntary, collaborative form of communication and problem-solving. This service begins with the provider having one-on-one meetings with each party before a joint session can take place. Participants may: explore patterns of communication that stem from and result in fractured relationships, resolve long-standing differences, and learn to receive the concerns and feelings of others and empathize with their needs. <p>2. Family Circles</p> <ul style="list-style-type: none">• There are no maximum or minimum number of Family Circles per referral. Family Circles can involve multiple family members. Each session lasts 1.5 to 2 hours.• Family Circles provide a process for bringing two or more family members together as equals to talk about difficult issues in an atmosphere of respect. The intent of a Family Circle is to speak honestly about how each person is being impacted by one another, to seek mutual understanding, and to create agreements that serve every member. The process is based on an assumption of equal worth and dignity for all participants. Family Circles offer the opportunity to address and process harm, violence, misunderstandings, or long-standing conflict; or they may focus more on teaching and practicing tools. Each Family Circle is custom designed to meet each family's needs. <p>3. Grief Support Services</p> <ul style="list-style-type: none">• Individual sessions are typically 1 - 2 hours in length.• Grief Support Services can help people find meaning, value, and restored hope in the midst of suffering (or after incidents of grief and loss have occurred), even if the suffering itself cannot be removed. You and your provider can explore the feelings and thoughts and behaviors associate with losses and identify the innate strengths you possess that will support your healing. Grief Support Services help people adjust to their "changed" life, recognize the impacts that loss has left in its wake, and begin the process of rebuilding by learning tools and strategies to cope and process feelings and experiences. <p>If making a referral, please find my referral form on my website: www.collective-voices.com/</p>	

COMMON THREADS FAMILY RESOURCE CENTER

1717 N. STOUGHTON ROAD MADISON, WI 53704 <i>Wheelchair Accessible</i>	Telephone: (608) 838-8999 Fax: (608) 838-8988 Website: www.commonthreadsmadison.org
Services Provided: <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy 	Ages Served: 4 - 21 Service Location: Home, Office, Other Place of Service Service Limitations: We specialize in sensory, regulation, and interoception issues that often co-occur with mental health concerns, and serve individuals with a wide variety of mental health challenges and behavioral disorders beyond this. We cannot serve clients with serious sexual offenses or violent felonies. Languages: Chinese State Certification: DHS 35 Certified
Service Description <p>Common Threads is a state-licensed psychotherapy and occupational therapy clinic and an alternative placement school program. We provide comprehensive innovative therapeutic services for individuals with autism, mental health, trauma, sensory, behavioral, and cognitive needs. Our multidisciplinary team includes top professionals from multiple treatment, development, and educational areas to ensure we provide the most appropriate and forward-thinking services for every individual client. We believe in the inherent worth of every client and embrace all families who seek out our center. We partner together, with dedicated and compassionate services and support, to help facilitate growth and development. It is our privilege to be of service.</p> <p>Service Facilitation services are currently only open to youth.</p>	

COMMUNITY CARE PROGRAMS INC

6716 STONE GLEN DRIVE STE A MIDDLETON, WI 53562	Telephone: (608) 203-1313 Fax: (608) 872-7101 Website: www.communitycareprograms.com
Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Psychotherapy	Ages Served: Birth - 21 Service Location: Home, Office, Other Place of Service Service Limitations: Child and adolescent specialty clinic. Age limit that we serve is 21. State Certification: DHS 35 Certified
Service Description Community Care Programs is a child and adolescent specialty clinic that offers in-person and telehealth therapy. CCP also has two therapists who provide therapy for young adults (ages 18-25). CCP offers the following: STOP Program for youth with problematic sexual behaviors Dialectical Behavior Therapy (DBT) Trauma Focused Cognitive Behavior Therapy (TF-CBT) for children and adolescents. Trauma Informed Child Parent Psychotherapy (TI-CPP). This model is for children ages 10 and under. EMDR Parenting and Psychological Evaluations Psychosexual Evaluations	

COMMUNITY COUNSELING CENTER OF MADISON WI INC

6629 UNIVERSITY Avenue STE 209 MIDDLETON, WI 53562	Telephone: (608) 833-5880 Fax: (608) 829-3787 Website: www.communitycounselingmadison.org
Services Provided: <ul style="list-style-type: none">* SERVICE FACILITATION (assessment/planning)* Diagnostic Evaluations* Employment-Related Skill Training* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Physical Health Monitoring* Psychotherapy* Wellness Management and Recovery/Recovery Support Services	Ages Served: 13 - 74 Service Location: Home, Office, Other Place of Service Service Limitations: Our office is located on the 2nd floor and there is no elevator, so clients must be able to navigate stairs. Languages: American Sign Language, Bulgarian, Macedonian, Russian, Serbian State Certification: DHS 35 Certified
Service Description <p>The Community Counseling Center of Madison, Wisconsin, Inc. provides professional counseling by trained and skilled social workers, counselors, and licensed psychologists. The clinic is licensed by the State of Wisconsin (as an outpatient mental health clinic) and has been serving the community since 1975.</p> <p>Our therapeutic services include: individual therapy, group therapy, family therapy, couples therapy, marriage therapy, sex therapy, and play therapy. We specialize in treating eating disorders, AODA, learning disabilities, and trauma.</p>	

COMMUNITY LIVING ALLIANCE, INC.

1414 MacArthur Road Madison, WI 53714 <i>Wheelchair Accessible</i>	Telephone: (608) 242-8335 Fax: (608) 240-7060 Website: www.clanet.org
Services Provided: <ul style="list-style-type: none">* SERVICE FACILITATION (assessment/planning)* Employment-Related Skill Training* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Medication Management* Physical Health Monitoring* Psychotherapy* Wellness Management and Recovery/Recovery Support Services	Ages Served: 18 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: We do not serve individuals with a primary diagnosis of Substance Abuse.
Service Description <p>CLA is a local, non-profit, trauma-informed, community based organization. For over thirty (30) years CLA has been a trusted provider in Dane County and has designed and provided innovative programs and services that support the independent living needs of all people with disabilities and older adults.</p> <p>CLA has rich history in supporting individuals with all disabilities and those who have chronic health and pain conditions. These conditions often produce anxiety or depression and other symptoms which may challenge interpersonal relationships and limit one's ability to live a meaningful life. We partner with individuals to gain insight through education to effectively manage their symptoms and uncover barriers to achieve their recovery goals.</p> <p>The core values of our organization embraces the central tenets of the independent living philosophy. We believe that people should have a choice in the services that they receive and must be at the center of all treatment planning and goal identification.</p> <p>CLA as a trauma informed care organization embraces the principles of trauma based care and has a rich understanding and respect for an individual's journey towards health and wellbeing. We recognize the impact of social isolation and see great value in promoting opportunities for community connections and healthy interpersonal relationships.</p>	

COMMUNITY SERVICE ASSOCIATES S.C. dba Pauquette Center for Psychological Services

2702 International Lane STE 102 Madison, WI 53704 Wheelchair Accessible	Telephone: (608) 742-5518 Fax: (608) 268-9780 Website: http://pauquette.com/
Services Provided: <ul style="list-style-type: none">* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Medication Management* Physical Health Monitoring* Psychotherapy* Substance Abuse Treatment* Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Office Service Limitations:
Service Description <p>The Pauquette Center for Psychological Services is a multidisciplinary clinic providing a wide range of psychological and mental health services. Counseling and psychotherapy services are provided to individuals, couples, families and groups, and for people of all ages. Treatment is provided for a wide range of personal and family difficulties including depression, anxiety, child and adolescent behavior problems, the effects of trauma or abuse, marriage and family conflicts, problems related to divorce, stress-related disorders, school-related problems, legal problems and work- related problems.</p> <p>Additionally, treatment is provided for problems of habit (for example, weight control and smoking) and life-skill problems such as anger control and shyness. Comprehensive outpatient services are also offered for individuals and the families of individuals suffering from alcohol and drug abuse problems. In addition to these services, the Pauquette Center provides comprehensive psychological assessment services including personality, educational, court, personnel, and disability evaluations.</p>	

CONNECTIONS COUNSELING LLC

5005 UNIVERSITY Avenue STE 100 MADISON, WI 53705	Telephone: (608) 233-2100 Fax: (608) 233-2101 Website: www.connectionsounseling.com
Services Provided: * Diagnostic Evaluations * Peer Support * Psychotherapy * Substance Abuse Treatment	Ages Served: 13 - 74 Service Location: Office Service Limitations: Prefer to avoid patients younger than 13 years old. Languages: Hmong State Certification: DHS 75.50 Certified
Service Description AODA and mental health individual counseling AODA and mental health group counseling (25 groups/week) Psychiatry and addiction medicine Family counseling Adult Intensive Outpatient Program (IOP) both AM and PM sections (3 hours/day x 3 days/week) Dialectical Behavioral Training (DBT) for adolescents and adult programs	

CORNUCOPIA INC

2 S. INGERSOLL ST. MADISON, WI 53703	Telephone: (608) 467-6646 Fax: Website: www.copiarts.org
Services Provided: <ul style="list-style-type: none">* Employment-Related Skill Training* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Peer Support* Physical Health Monitoring* Wellness Management and Recovery/Recovery Support Services	Ages Served: 18 - 74 Service Location: Home, Office, Other Place of Service Service Limitations: Cornucopia does not provide personal assistance/attendants for participants. A person with personal support needs must be accompanied by someone who can provide this.
Service Description <p>Cornucopia peer support specialists will visit with you each week, either in-person (masks indoors or space outdoors) or by phone or internet, according to health standards and your preference. We listen to you, share personal and social skills, and support you in the decisions you make with family and other social or medical allies. We can also help when you want to focus on or organizing your home life, practicing social or work skills or finding your way in the world.</p>	

CREATIVE COMMUNITY LIVING SERVICES, Incorporated

2985 TRIVERTON PIKE Drive MADISON, WI 53711 <i>Wheelchair Accessible</i>	Telephone: (920) 261-1345 Fax: (920) 261-8003 Website: www.cclswi.org
Services Provided: * Employment-Related Skill Training * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description	

CREATIVE FORCES THERAPY LLC

301 S. BEDFORD STREET STE 7 MADISON, WI 53073	Telephone: (608) 313-4060 Fax: (608) 999-7339 Website: www.creativeforcetherapy.com
Services Provided: <ul style="list-style-type: none">* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Psychotherapy	Ages Served: Birth - 49 Service Location: Home, Office, Other Place of Service Service Limitations: Primary area of focus is children and adolescents 1-18 with cognitive delays, disabilities and mental health or behavioral need. Service may include their parents, caregivers, and family members. Secondary would be work with grieving children 1-18.
Service Description <p>Creative Forces Therapy provides art therapy, recreational therapy, psychotherapy, and counseling services for children, adolescents, and young adults with mental health needs, cognitive delays, and developmental disabilities.</p> <p>Our art therapists utilize artistic directives as a means of emotional expression. Clients are led to use media within the creative process to create artwork that explores their feelings, explores emotional regulation and expression, fosters self-awareness, helps to manage behaviors, develops social skills, improves reality orientation, reduces anxiety, and increases self-confidence.</p> <p>Our recreational therapists utilize client-specific goals focused on improving the client's overall health and well-being, functional independence with activities of daily living, and quality of life through leisure modalities. Within therapy, clients aim to increase their sense of inclusion within their community while removing barriers of accessibility, isolation, anxiety, and depression.</p> <p>Our therapists also provide trauma-conscious yoga and embodiment so clients can learn to utilize meditation and body-based coping skills.</p>	

DAY ONE MENTAL HEALTH SERVICES LLC

1955 W. BROADWAY MONONA, WI 53713 <i>Wheelchair Accessible</i>	Telephone: (608) 895-2716 Fax: Website:
Services Provided: <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	Ages Served: 4 - 69 Service Location: Home, Office, Other Place of Service Service Limitations: Diagnostic Evaluations are the only service offered to youth. All other services are adult only.
Service Description Day One Mental Health Services provides a wide array of mental health services. When working with us, expect superior community-based mental health services on Day One. Diagnostic Evaluations are the only service offered to youth. All other services are adult only.	

DEEPER INSIGHTS, LLC

2701 INTERNATIONAL LANE STE 105 MADISON, WI 53504 <i>Wheelchair Accessible</i>	Telephone: (608) 260-5138 Fax: (608) 640-3521 Website: www.deeperinsights.org
Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Psychotherapy	Ages Served: Birth - 85+ Service Location: Office Service Limitations:
Service Description Deeper Insights, LLC takes a comprehensive biopsychosocial approach in caring for the whole person. Dr. Stubbs has a breadth of experience including the provision of assessments and general outpatient psychotherapy with children, adults, and families; conducting diagnostic assessments with children, adolescents, and adults; conducting diagnostic evaluations and ongoing treatment evaluations with children, and providing integrated behavioral health services at two different community-based medical centers. Her clinical interests include integrated health care, neuropsychology, trauma-informed/focused care, psychopharmacology, and family/systems.	

DIAMOND MENTAL HEALTH, LLC

7319 DEVONSHIRE Avenue GREENDALE, WI 53129	Telephone: (406) 396-3028 Fax: Website:
Services Provided: * Individual and/or Family Psychoeducation * Psychotherapy	Ages Served: 18 - 85+ Service Location: Office Service Limitations: I provide telehealth services only.

Service Description

Service Overview:

TEAM Cognitive Behavioral Therapy (CBT) is an outpatient, action oriented and skills based form of psychotherapy that is effective for individuals struggling with depression, anxiety, relationship problems, and unwanted habits and substance use concerns (Butler, et. al., 2006; Hofmann, et. al., 2012). Services are provided exclusively via HIPAA compliant video platform and are based on the pioneering work of Dr. David Burns, MD (see <https://feelinggood.com>). Team CBT is provided by Eric Diamond, a Milwaukee based Licensed Clinical Social Worker and Level 4 Certified TEAM CBT Clinician with 17 years experience as a direct practice clinician and leader in County and non-profit mental health systems. TEAM CBT is now available for adults and adolescents.

Course of Treatment & Expectations:

A course of TEAM CBT includes Dr. Burns's recommended framework, using Testing, Empathy, Agenda Setting, and his vast collection of CBT Methods within each therapeutic session. TEAM CBT, like traditional Cognitive Behavioral Therapy, helps individuals change the way they think, the way they communicate, and other aspects of their lives so they can feel better and recover. Sessions are structured to allow individuals ample opportunity to practice a number of powerful methods to effectively address their depression, anxiety, relationship problems, unwanted habits and substance use concerns.

A course of TEAM CBT includes the following services:

- Video based psychotherapy provided via Zoom for Healthcare, a HIPAA and HITECH compliant platform.
- Empathetic, motivational, action oriented, and skill building sessions with Eric based on Dr. Burns's model.
- After care relapse preparation sessions to ensure individuals are able to sustain the helpful skills and methods, implementing them into their day to day.
- Optional phone and video based therapeutic check-ins across the week.
- Team meetings with recovery team members as needed.
- Clinical supervision with other recovery team members to ensure excellent clinical outcomes.

Session length and course of treatment may vary depending on the needs of the client, but generally, TEAM CBT is delivered in 1.5 to 2 hour sessions, with a typical course lasting between eight to ten weeks. Session length can also be adapted to meet particular insurance payer requirements and/or the preferences of the people served. TEAM CBT can also be adapted for individuals with multiple and complex challenges who may require longer term care.

Who Benefits from TEAM CBT?

TEAM CBT can be helpful for a diverse set of individuals with a number of challenges. Individuals who struggle with depression, anxiety, relationship problems, and/or unwanted habits and substance use concerns can use TEAM CBT to achieve their goals and forward their recovery.

TEAM CBT is an action oriented therapy, and includes opportunities for individuals to practice helpful methods in session. Like with any new skill, the more practice with the method, the greater the success using it. TEAM CBT works best when individuals are willing to complete psychotherapy homework between sessions. Homework may include reading book chapters, listening to podcasts, as well as a host of written and community based exercises. Individuals who are motivated to keep developing their skills by practicing methods in between sessions have the most success.

Eric's Background:

Eric Diamond MSW, LCSW (State of WI License #7817-123) is a Licensed Clinical Social Worker with direct practice and leadership experience in integrated community mental health. He is a Level 4 Certified TEAM CBT Clinician. He has extensive experience providing high quality psychotherapy and care coordination, leading effective programs, and delivering clinical supervision to professional staff. In addition to being a student and practitioner of TEAM CBT, he has extensive training in and practice experience with traditional Cognitive Behavioral Therapy, Motivational Interviewing, Measurement Based Care, and Zero Suicide. Eric is a lifelong student who enjoys innovating and learning new skills and tools. He is committed to supporting teams and helping people recover.

DYER MULTISENSORY APPROACH LLC

3602 ATWOOD Avenue STE 4 MADISON, WI 53714	Telephone: (608) 213-2814 Fax: Website:
Services Provided: * Individual Skill Development and Enhancement	Ages Served: 4 - 21 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description HeartMath biofeedback training delivered via the emWave Pro desktop and laptop computer software programs, the emWave2 handheld personal stress reliever device and the Inner Balance smartphone system. Mindfulness relaxation techniques and music from Listening Program from Advanced Brain Technologies.	

EASE-OF-MIND MENTAL HEALTH SOLUTIONS, LLC

2500 RIMROCK Road STE 102 FITCHBURG, WI 53713 <i>Wheelchair Accessible</i>	Telephone: (608) 467-2331 Fax: (608) 284-7947 Website: www.easeofmindmhs.com
Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Psychotherapy * Wellness Management and Recovery/Recovery Support Services	Ages Served: Birth - 69 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description DIAGNOSTIC EVALUATION AND PRESCRIBING We have two prescribers MEDICATION MANAGEMENT/OBSERVATION Delivery and observing medications daily to weekly depending on individual client's needs to ensure medication compliance PHYSICAL HEALTH MONITORING -Monitoring Blood pressure, blood sugars, diet, sleep hygiene and more. -Work in collaboration with medical health providers to promote overall wellness WELLNESS MANAGEMENT AND RECOVERY/RECOVERY SUPPORT SERVICES ADVOCACY SERVICES -To ensure our clients are getting needed services including medical care	

EDELWEISS BEHAVIORAL HEALTH LLC

725 HEARTLAND Trail STE 301 MADISON, WI 53717 <i>Wheelchair Accessible</i>	Telephone: (608) 205-4450 Fax: (608) 205-4450 Website: www.edelweissbehavioralhealth.com
Services Provided: * Diagnostic Evaluations * Medication Management * Psychotherapy	Ages Served: 18 - 64 Service Location: Office Service Limitations: Our outpatient dietitian and therapist(s) specialize in working with individuals with eating disorders, but also see individuals with other primary diagnoses.
Service Description Our goal at Edelweiss Behavioral Health is to provide specialized treatment to individuals struggling with Eating Disorders. Our experienced staff works collaboratively with each client to provide patient centered, individualized support to encourage recovery goals. We offer the following services: -Outpatient Dietary Counseling -Outpatient Individual Psychotherapy	

ELITE COGNITION, LLC

3101 LATHAM Drive MADISON, WI 53713 <i>Wheelchair Accessible</i>	Telephone: (608) 286-1132 Fax: (608) 440-2954 Website: www.elitecognitionllc.com
Services Provided: <ul style="list-style-type: none">* Diagnostic Evaluations* Employment-Related Skill Training* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Medication Management* Physical Health Monitoring* Psychotherapy* Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description <p>Elite Cognition holds the VISION to be an agency that affects social change, through humility and empowerment, while maintaining professionalism, integrity, purpose, spirituality, and continual growth for all. It is our MISSION to provide strengths-based recovery services using a trauma informed and eclectic approach, within the mental health community, by meeting consumers where they are at in their personal journey.</p> <p>Elite clinicians are passionate professionals whom specialize in a variety of areas and are encouraged to follow their own professional passions. These areas of fervor include but aren't limited to: Co-occurring disorders, trauma, attachment, abandonment, PTSQ, parenting skills/struggles, anxiety, depression, ADHD, transitioning from child to adult skill support, LGBTQ+ community members, Neurodiverse individuals, folks with low self esteem/worth, to name a few. Treatment is tailored to each individuals unique needs and goals; using a variety of treatment modalities and tools. Including: Art Therapy, Cognitive Behavioral Therapy (CST), Trauma Focused CBT (TF-CBT), Acceptance and Commitment Therapy (ACT), Dialectical Behavior Therapy (DBT), Mindfulness, Solution Focused treatment, Strengths Based Motivational Interviewing (MI), and more. Information on each of our staff members can be found on our website at elitecognitionllc.com.</p> <p>In addition to the traditional psychosocial rehabilitation array services, we provide Diagnostic Assessments with safety and behavioral focuses (primarily for those aged 6-25). To include: Assessment of Lagging Skills and Unsolved Problems (ALSUP), Behavioral Support Plans (BSP), Home/Community Safety Plans, Law Enforcement Protocols (LEP), Functional Behavioral Assessment (FBA).</p> <p>We serve ages 8 to Aging. We offer in Office, Community, and/or Home sessions via In-Person or Telehealth services.</p>	

ELLIE MENTAL HEALTH

1350 DEMING Way STE 240 MIDDLETON, WI 53562 <i>Wheelchair Accessible</i>	Telephone: (608) 669-7333 Fax: Website:
Services Provided: <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	Ages Served: 4 - 84 Service Location: Home, Office, Other Place of Service Service Limitations: Patients who need immediate medical attention due to a medical diagnosis. Children who exhibit ADHD or autism behaviors. Adolescents or children currently involved in parents' divorce and legal custody matters. While we aim to provide support to a wide range of individuals, these specific restrictions are in place to ensure the safety and well-being of both our clients and our staff
Service Description Our mental health and substance use services go beyond the standard offerings provided by ForwardHealth. At our facility, we are committed to providing comprehensive and personalized care to support individuals on their journey to recovery and well-being. Our services include: 1. Individual Counseling: Our licensed therapists offer one-on-one counseling sessions to address a variety of mental health and substance use concerns. We provide trauma-informed therapy to create a safe and supportive environment for individuals who have experienced trauma. 2. Group Therapy: We offer group therapy sessions facilitated by experienced clinicians, providing a supportive environment for individuals to share experiences, receive feedback, and learn from others facing similar challenges. Group therapy fosters connection, empathy, and a sense of community among participants. 3. Dual Diagnosis Treatment: We specialize in treating co-occurring mental health disorders and substance use issues. Our integrated approach addresses the complex interplay between mental health and substance use, promoting holistic healing and recovery. 4. Holistic Therapies: In addition to traditional therapeutic approaches, we offer holistic services such as, meditation, art therapy, and mindfulness practices. These complementary therapies enhance emotional well-being, reduce stress, and promote overall wellness. 5. Family Counseling and Support: We recognize the importance of involving family members in the treatment process. Our family counseling sessions help improve communication, resolve conflicts, and rebuild relationships, creating a supportive network for individuals in recovery. 6. Trauma-Informed Therapy: Our clinicians are trained in trauma-informed therapy to address the impact of trauma on mental health and well-being. We provide specialized care to help individuals heal from past traumatic experiences. At our facility, we are dedicated to empowering individuals to lead fulfilling and healthy lives. Our comprehensive approach to mental health and substance use services aims to address the unique needs of each individual and guide them towards lasting recovery and wellness. For more information about our services or to schedule a consultation, please contact us at (608) 616-9455 Thank you for considering our services as part of your clients' recovery plans.	

EMPLOYABILITY: EMPLOYMENT AND HOUSING SOLUTIONS

2701 INTERNATIONAL Lane STE 205 MADISON, WI 53704	Telephone: (608) 709-1034 Fax: (855) 815-0053 Website: www.employability-llc.com
Services Provided: <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support * Psychotherapy 	Ages Served: 13 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
<p>Service Description</p> <p>EMPLOYMENT SERVICES</p> <p>EmployAbility provides one-one-one employment support services to help people find and sustain employment in the competitive market. Services include career exploration, customized job searching, employer outreach, new job training support, and help maintaining employment. Our Employment Specialists provided comprehensive support during the job search process that includes client-directed career exploration which can include job shadows with the goal being that the person can utilize their current strengths and abilities to secure employment without the need for additional training or education. We also work cooperatively with consumers to develop resumes and cover letters that are effective but also use the consumer's voice. Our goal is to not only help people find employment but give them the tools to be more effective in their own job search so, we also provide training on how to search for and apply to positions. When appropriate we also reach out to employers utilizing a strengths perspective to advocate for consideration for a posted job opening or to create a custom job based on the skills and abilities of the consumer.</p> <p>Interview preparation services include mock interviews, preparing for competency-based interview questions, and attending interviews with consumers when appropriate. Our Employment Specialists are also equipped to provide insight into what different employers/industries are seeking in an employee in order to provide customized preparation for specific interview locations.</p> <p>Upon accepting an offer of employment, we can provide any additional support to sustain the job. This support may include on-site job coaching, reasonable accommodation request assistance, advocacy, and mediation. There are no time constraints on these services and consumers can receive these retention services at any point regardless of whether or not EmployAbility helped them obtain the job or how long they have been employed.</p> <p>We also provide guidance to help people understand how working may impact a person's benefits (SSI/DI, Foodshare, Medicaid, Sec. 8/42 housing, etc.) and work with them to make sure they are complying with any wage report requirements for those benefits.</p> <p>SKILL DEVELOPMENT</p> <p>EmployAbility can provide a wide variety of support to assist people in their mental health recovery and work towards greater independence in their community. Skill development is most often facilitated in a consumer's home or community and support can take many forms. The most common types of support that consumers request include computer and smart phone literacy, organizational skills and financial literacy.</p> <p>PSYCHOEDUCATION</p> <p>EmployAbility currently offers an Anger Management group that helps participants develop a better understanding of their feelings and how they express anger as well as develop improved communication strategies.</p> <p>We also have a provider who specializes in helping people developing coping skills.</p> <p>Visit https://www.employability-llc.com/contact to make a referral.</p>	

EMPLOYMENT RESOURCES, INC.

4604 COTTAGE GROVE Road MADISON, WI 53716	Telephone: (608) 246-3444 Fax: (608) 264-3445 Website: www.eri-WI.org
Services Provided: * Employment-Related Skill Training * Individual Skill Development and Enhancement	Ages Served: 13 - 69 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description Disability Application Assistance - ERI offers people help in applying for disability benefits such as Social Security Administration Programs: Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI), as well as Medicaid and FoodShare programs. This service assists people with completing application forms and follow up questionnaires, provides education about the steps and agencies involved, and supports people throughout the application process until an eligibility determination is made. Work Incentives Benefits Counseling - Through benefits counseling, ERI provides education about various public benefits (e.g. SSDI, SSI, Medicaid, and Medicare Savings Programs), and the effects of work on various public benefits. We work together with people to build a better understanding of work incentives, program rules, and how earnings may affect the person's disability payments and other benefits. Benefits counseling enables people to make informed decisions about starting work, and over time, assists the person when employment or career goals change. Pre-Driving Assessment - ERI's hands-on driving simulator enables clients to test and practice driving skills. Our Driving Services Specialist provides objective feedback about measured abilities such as decision-making, reaction time, attentiveness, memory, and problem-solving. This information helps people to determine their interest and potential in moving forward with driving training and getting a driver's license. ERI partners with the client and CCS Service Facilitator agencies to provide Individual Placement and Support (IPS) services. IPS supported employment services involve a partnership between the client, the CCS Service Facilitation agency, the ERI Employment Specialist, and DVR.	

2317 INTERNATIONAL Lane STE 118 MADISON, WI 53704 <i>Wheelchair Accessible</i>	Telephone: (608) 284-9349 Fax: Website:
Services Provided: <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support * Wellness Management and Recovery/Recovery Support Services 	Ages Served: 4 - 79 Service Location: Home, Office, Other Place of Service Service Limitations:
<p>Service Description</p> <p>The Peer Support model of recovery and wellness support is a foundational component of EOTO's recovery-focused mission. Our team leadership is at the frontlines of certified peer support workforce development in Wisconsin and Dane County. We work collaboratively with other key stakeholders in peer support and lived experience empowerment to enhance peer-led behavioral health services across our state.</p> <p>In partnership with the Wisconsin Peer Specialist Employment Initiative (WIPSEI) EOTO has worked to increase the diversity of the certified peer specialist workforce to better support historically marginalized and under-served communities.</p> <p>EOTO has gathered a team of State Certified CPS trainers and thought-leaders in effective stable peer support program development. Our team of experienced specialists works hands on to support the professional growth and development of Black, Indigenous, Latino, Hmong, LGBTQIA+ certified peer specialists. As new peer specialists earn their certification and enter the workforce we are here to provide them a supportive work environment as they engage and support our community members.</p> <p>Through sharing our lived experience and practical guidance, peer workers support people to achieve goals, create strategies and practices for self-empowerment, and take concrete steps towards building fulfilling, self-determined lives.</p> <p>Our team of Peer Support Specialists shares similar problems or experiences, providing a powerful "you are not alone" sense of understanding. Our intentionality to recognize the importance of culturally reflective representation in mental health and substance use support services allows our team to create an impact on the most vulnerable populations.</p> <p>Ninety-six percent of our team identify as Black individuals, including men and young adults. This intentionally developed team uniquely positioning us to connect organically and authentically through cultural humility to historically underserved individuals who are more likely to experience chronic race-based traumatic stress and least likely to seek or receive support from a person who shares their cultural or racial identity.</p> <p>Because of the diverse background across our team, we have already seen increased engagement from community members across Dane County. We have succeeded in encouraging mutuality, connections to natural supports, and holistic health healing. EOTO trusts the value of having providers with lived experience directly supporting members of underrepresented communities.</p>	

ESSENCE REALIZED, LLC

112 OWEN ROAD STE 6686 MONONA, WI 53716	Telephone: (608) 628-3312 Fax: Website: www.essencerealized.com
Services Provided: <ul style="list-style-type: none">* Employment-Related Skill Training* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 49 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description <p>Essence Realized provides mental health support for families and children dealing with social, emotional, behavioral and mental health challenges. Our Rehabilitation Coaches work with children, families, schools and community members to effectively teach and build skills to help gain or restore independence.</p> <p>Sessions are individually tailored using a strength-based, client-centered approach drawing from evidence-based practices and experiential modalities to intentionally target the client's goals. We value collaboration with internal and external team members.</p> <p>Our team of providers work with clients in their natural environment, providing in-the-moment coaching to improve relationships, emotional regulation, communication, problem solving and tolerance. Positive interventions are utilized to support clients in managing the feelings, behaviors and emotions they may experience. Providers identify and build on areas of success to promote growth, and will work with the client system to transfer skills across environments.</p> <p>Our agency provides a multitude of services to assist clients in reaching their recovery goals. Our program offers mental health services including, but not limited to; teaching and developing skills, providing education and information to members of the client's support systems, helping find and secure healthy community connections, and empower clients to manage their mental health.</p>	

FAMILY SERVICE MADISON, INC.

128 E OLIN Avenue STE 100 MADISON, WI 53713	Telephone: (608) 252-1320 Fax: (608) 252-1333 Website: www.fsmad.org
Services Provided: <ul style="list-style-type: none">* Diagnostic Evaluations* Employment-Related Skill Training* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Psychotherapy* Wellness Management and Recovery/Recovery Support Services	Ages Served: Birth - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Rule out severe Alzheimer's disease or related dementia. Rule out primary alcohol or other drug primary treatment. State Certification: DHS 35 Certified
Service Description Counseling and psychotherapy services to help people create change by providing mental health assessment and treatment services in a culturally sensitive manner	

FORWARD COUNSELING AND CONSULTATION, LLC

2000 ENGEL STREET STE 201 MONONA, WI 53713-4822 <i>Wheelchair Accessible</i>	Telephone: (608) 455-6070 Fax: (608) 455-0883 Website: www.forward-counseling.com
Services Provided: <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	Ages Served: 18 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Spanish
Service Description <p>Forward Counseling and Consultation (FCC) provides trauma informed, culturally competent individual, couple, and family therapy, individual and/or family psychoeducation, individual skill development and enhancement and substance abuse treatment.</p> <p>FCC providers believe in treating the whole person, couple and/or family system which includes addressing physical, spiritual and social needs in conjunction with providing mental health and substance use concerns. We provide therapeutic services in individual and group settings with a focus in depression, anxiety, substance use, mood disorders, psychosis, attachment, dissociative processing, and trauma treatment.</p> <p>All FCC clinicians have extensive experience in treatment of complex trauma in conjunction with co-occurring mental health and substance use concerns. Clinical providers are all trained as EMDR therapists and specialize in psychosis and dissociative processing. We use a mind-body approach to help individuals access their natural ability to heal from psychological and physical symptoms.</p> <p>We will tailor individual treatment based on need and preference which may include Eye Movement Desensitization and Reprocessing (EMDR), Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Behavioral Activation, Internal Family Systems and Interpersonal Psychotherapy while focusing on techniques from expressive arts, guided imagery, mindfulness, meditation, mindful breath and movement and somatic techniques and interventions.</p> <p>FCC therapists provide both individual and group therapy, individual skills and family psychoeducation and individual skill development in a variety of platforms; in office, Telehealth, nature-based, community-based services and/or in-home based on need. We believe strongly in working collaboratively as a recovery team to build support and connection, improve skills and management of mental health and recovery.</p>	

FORWARD LEARNING YOUTH AND YOUNG ADULTS INC.

199 E BADGER Road STE 200 MADISON, WI 53713 <i>Wheelchair Accessible</i>	Telephone: (608) 819-6390 Fax: (608) 807-5167 Website: www.flyy.org
Services Provided: * SERVICE FACILITATION (assessment/planning) * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support * Psychotherapy	Ages Served: 4 - 49 Service Location: Home, Office, Other Place of Service Service Limitations: We are not able to serve clients with serious violent sexual charges, actively psychotic, or in need of detox services.
Service Description FLYY is a community-based nonprofit serving youth, young adults and their parents or caregivers throughout Dane County. Typical participants are between ages 6 - 35, and parents or caregivers of any age. FL YY offers modern, recovery-based modalities and relationship-based supportive services in partnership with Dane County Comprehensive Community Services (CCS). FLYY also provides supportive services for LGBTQ+-identified individuals, including gender and sexual identity affirming services through a trauma-informed lens. All services are designed to help strengthen the client's family and support system and are tailored to the unique needs of each participant. In order to promote maximum therapeutic growth, sessions often happen in a non-office setting. Staff utilize the non-traditional environment of the session as a tool for success, integration, and to facilitate the growth process. A typical session might be held outdoors to allow not only for verbal processing, experiential modeling, and teaching, but also for healing of the spirit. Other sessions may take place in home, at a coffee shop, a library, or at FL YY's office. FLYY offers the following services: <ul style="list-style-type: none"> • Individual Therapy/Psychoeducation • Individual Skill Development • Parent Psychoeducation • Service Facilitation 	

FOUNDATIONS COUNSELING CENTER, LLC

629 RIVER STREET STE C BELLEVILLE, WI 53508 <i>Wheelchair Accessible</i>	Telephone: (608) 424-9100 Fax: (608) 424-9099 Website: www.foundationsscc.com
Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: State Certification: DHS 35 Certified
Service Description Foundations Counseling Center provides intensive in-home mental health therapy services and therapeutic mentoring for children and adults. We are a trauma informed agency with therapists trained in Trauma Focused-Cognitive Behavioral Therapy (TF-CBT), Child Parent Psychotherapy (CPP), and EMDR. We specialize in serving youth and their families as well as older or disabled adults in their home environment. We also provide traditional outpatient therapy in our Belleville office.	

FOUR WINDS COUNSELING, LLC

8500 GREENWAY Boulevard STE 102 MIDDLETON, WI 53562 <i>Wheelchair Accessible</i>	Telephone: (608) 516-1734 Fax: (608) 535-6874 Website: www.fourwindscounselingllc.com
Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Substance Abuse Treatment	Ages Served: 18 - 79 Service Location: Office Service Limitations:
Service Description Dignity, professionalism, creativity, compassion and hope define our values at Four Winds Counseling. We provide trauma specific, culturally sensitive psychotherapy and related services for adults. Services include diagnostic evaluations for dissociative and dissociative disorders; psychotherapy; individual skill development; individual and family psychoeducation, as well as therapy for co-occurring substance use and mental health concerns. Our practice is trauma informed with a specific focus on treating complex trauma and dissociative disorders. We look forward to working with you and your team!	

GINKO COUNSELING SERVICES, L.L.C.

2453 ATWOOD AVE. STE 204 MADISON, WI 53704	Telephone: (608) 658-3872 Fax: Website:
Services Provided: * Psychotherapy	Ages Served: 4 - 74 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description I provide effective counseling for individuals (adults, youth & children) and families (in-home is available), ages 5-75 with any mental health challenges. I enjoy working with people of diverse backgrounds and stories and see every client as a mosaic (not just a diagnosis). We work together to put the pieces together to understand the unique work of art that is you and your life and find a way forward. I'm certified in DBT, and practice CBT, expressive, play, narrative and other modalities to suit people's needs. Call to set up a consultation to see if we are a match to help you and/ or your loved ones on a healing path.	

GOLDEN MEND WELLNESS AND COUNSELING LLC

122 E OLIN AVENUE STE 220 MADISON, WI 53713 <i>Wheelchair Accessible</i>	Telephone: (608) 729-8696 Fax: (608) 403-3464 Website:
Services Provided: <ul style="list-style-type: none">* Diagnostic Evaluations* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Medication Management* Peer Support* Physical Health Monitoring* Psychotherapy* Substance Abuse Treatment* Wellness Management and Recovery/Recovery Support Services	Ages Served: 13 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description <p>Golden Mend Wellness and Counseling is a small holistic agency that provides therapeutic services meant to support people along their wellness journeys. GMWC specializes in using voluntary movement and integrative health coaching as a strategy for addressing mental health and psychosomatic symptoms. GMWC also offers integrative psychotherapy, drawing heavily on TF-CBT, DBT, IFS, SE and psychodynamic talk therapy.</p>	

GRAND JOURNEY, LLC

1320 MENDOTA Street STE 106 MADISON, WI 53714 <i>Wheelchair Accessible</i>	Telephone: (608) 301-7413 Fax: (608) 286-1385 Website: www.grandjourneyllc.com
Services Provided: * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support * Psychotherapy	Ages Served: Birth - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Hmong, Khmer, Laotian, Mandarin, Spanish, Thai
Service Description Grand Journey provides a space in which families and individuals can feel safe to express and share experiences to increase their understanding and the ability to live successfully within the broader cultural context while receiving support and treatment for mental health issues. Grand Journey was established to bring diverse and competent mental health care in Dane County. Grand Journey staff is comprised of racially, culturally, and linguistically diverse background. Our staff bring life and clinical experience, insight, and community knowledge that deeply supports structural inclusivity within all aspects of our reach. Our goal is to work in partnership with health/social care and other agencies to provide treatment, care and support individuals. Furthermore, we provide early intervention services, promote recovery and wellness for persons with mental illness, and eliminate disparities in mental health care across socioeconomic and racial/ethnic groups.	

GREENROOT YOGA, LLC

1 JUDY Circle MADISON, WI 53704	Telephone: (608) 335-7163 Fax: Website: www.clarenorelle.com
Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Office Service Limitations: May prefer not to work with sex offenders at this time. Languages: Spanish
Service Description Hello! I am an experienced registered yoga teacher (E-RYT500) and facilitator of Trauma Center Trauma Sensitive Yoga (TCTSY), the evidence based adjunct therapy for complex trauma developed by David Emerson and Bessel van der Kolk at the Trauma Center in MA. With training and certification in many kinds of yoga, I offer various yoga styles: gentle hatha yoga, energetic flow yoga, yoga from sitting in chairs, meditative yin yoga, adaptive yoga, yoga for arthritis, and vocal yoga. I center each of these yoga styles in the core trauma healing practices of TCTSY, exploring and developing skills that support healthy relationship with oneself and others (invitation, choice, taking effective action, sharing authentic experience, attunement and agency), and skills that strengthen healthy connections within the nervous system (interoception/body awareness, present-moment focus, and attending to a sense of time through rhythms or countdowns). I also offer practices from the Community Resiliency Model (CRM) a non-yoga body-centered approach to working with trauma and developing resiliency in the autonomic nervous system, developed by Elaine Miller Karas at the Trauma Resource Institute. CRM can be especially helpful for people whose physical mobility is more limited, or who don't feel ready or interested in trying TCTSY. It can also be used to develop a complementary set of mental health skills, for those who want to combine it with a TCTSY practice. While TCTSY and CRM are used especially to alleviate anxiety, depression and trauma, I work together with each person to help them create an individualized practice that addresses their needs holistically, shaped by their emotional and physical experiences, needs, and goals. I'm happy to work with people of various ages, cultures, experiences and identities, and offer TCTSY and CRM sessions in English, Spanish, or bilingually. Clare Norelle MEd, E-RYT500, TCTSY-F Greenroot Yoga LLC	

GREYLEY WELLNESS LLC

2010 EASTWOOD Drive STE 300 MADISON, WI 53704	Telephone: (608) 509-9287 Fax: (608) 630-8089 Website: www.greyleywellness.com
Services Provided: <ul style="list-style-type: none">* SERVICE FACILITATION (assessment/planning)* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Physical Health Monitoring* Psychotherapy* Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 79 Service Location: Home, Office, Other Place of Service Service Limitations: State Certification: DHS 35 Certified
Service Description <p>At Greyley Wellness, we are committed to helping our clients find intention and life in the middle - the grey space that's full of possibilities. We offer a variety of mental health services to help you on your journey. Our team is dedicated to providing you with the highest quality of care, customized to your individual needs. We believe that everyone deserves to live a fulfilling life, all are worthy of finding mental wellness and we're here to help you achieve that.</p> <p>In addition to service facilitation, Greyley Wellness psychotherapists specialize in Eye Movement Desensitization and Reprocessing (EMDR), Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT) and Trauma Focused-Cognitive Behavioral Therapy (TF-CBT). Greyley Wellness also offers a variety of groups throughout the year. We meet with clients in office, in the community and via telehealth.</p>	

HANCOCK CENTER FOR CREATIVE ARTS THERAPIES, INC.

16 N HANCOCK Street MADISON, WI 53703 <i>Wheelchair Accessible</i>	Telephone: (608) 251-0908 Fax: (608) 251-0939 Website: www.hancockcenter.net
Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy	Ages Served: Birth - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: No bi-lingual staff available. No 24-hour phone or crisis services available.
Service Description Hancock Center for Creative Arts Therapy supports the healthy potential of individuals, families, and groups through psychotherapy and mental health programs involving dance/movement, art, music, and drama, or Creative Arts Therapies (CATs). Using art, dance/movement, theater and music as a therapeutic tool, individuals can address communication, academic, motor, emotional, and social skills as well as develop strengths and talents.	

HEALTHYMINDS LLC

2909 LANDMARK Place STE 210 MADISON, WI 53713 <i>Wheelchair Accessible</i>	Telephone: (855) 458-4966 Fax: (855) 458-4966 Website: www.healthymindsllc.com
Services Provided: * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: French, Hmong, Spanish
Service Description Service Description: HealthyMinds is a culturally affirming outpatient mental health clinic who base our success on our client's long-term good health. We have extensive experience with the LGBTQ population and specific experience working with gender transitioning individuals. We believe in personalized care based on client's mental health concerns and offer a wide array of psychosocial rehabilitation services to clients across the lifespan who have needs for ongoing, high or low-intensity services resulting from mental health or substance use disorders. The services and supportive activities we provide to CCS clients with mental health and/or substance use conditions allow them to achieve their highest possible level of independent functioning, stability, independence, and to facilitate recovery. Specializations: Behavioral Health, Individual Psychotherapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Interpersonal Therapy (ITP), Acceptance and Commitment Therapy (ACT), Group Psychotherapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Acceptance and Commitment Therapy (ACT), Addiction (Substance Use Disorder), Supporting parents and children through the facilitation of Nurtured Heart Approach® groups and home visits, Marriage and Family Therapy, Trauma Informed Therapy, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Acute Trauma Intervention Protocols (ATIP), Eye Movement Desensitization and Reprocessing (EMDR), Child and Adolescent mental Health, Mental Health Counseling, Psychological First Aid, Critical Incident Stress Management, Eye Movement Desensitization and Reprocessing (EMDR). Conditions Treated: Trauma, Crisis, Suicide Prevention, Substance Abuse, Victim Assistance, Sexual Abuse, Anxiety, Depression, Grief and Loss, Sports Psychology, Eating Disorders, Financial Discords, Life Transitions, Gender Transitioning.	

HOPE INSPIRED LLC

5944 SEMINOLE CENTRE Court STE 120 FITCHBURG, WI 53711	Telephone: (844) 467-3467 Fax: (844) 502-1200 Website: www.HopeInspiredWI.com
Services Provided: * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Russian, Spanish
Service Description <p>Hope Inspired is a Service Facilitation and Array services agency that specializes in services to people ages 3 and up who have experienced complex trauma and have substance use and/or mental health concerns. Staff have specialized training and experience in trauma treatment. We have staff experienced in working with children, adolescents, and transitional age youth (18-21) who are looking for ways to increase their independence as young adults. We utilize a trauma-informed family systems approach as well as a person-in-environment approach with clients, where we recognize that there are many factors that contribute to child/adolescent/adult mental health/substance use concerns. We are experienced in working with school districts regarding best opportunities for success with struggling students. We work closely with community housing and employment agencies, the medical community, and other community resources. Additionally, staff is experienced in working with the criminal justice system and population, and provides emotionally safe, non-judgmental services for all clients, including advocacy in the court system.</p> <p>At Hope Inspired, we believe unconditionally in people's strength, resourcefulness, and possibility. We work with compassion, integrity, and warmth with the aim that our clients leave our time together with a deeper feeling of purpose, understanding, and empowerment to live life under their terms and with a sense of peace. The strengths that we see in people give us hope. The intention of our work is to help clients find where their hope comes from, because with hope, anything is possible. We combine best practices to fit the needs of our clients, and we collaborate with other CCS agencies to ensure our clients have the complete care and team they need to reach their goals.</p>	

HORIZON HIGH SCHOOL OF MADISON, INC.

659 N WHITNEY WAY MADISON, WI 53705 <i>Wheelchair Accessible</i>	Telephone: (608) 442-0935 Fax: Website: www.horizonhs.org
Services Provided: <ul style="list-style-type: none">* Employment-Related Skill Training* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Medication Management* Peer Support* Physical Health Monitoring* Wellness Management and Recovery/Recovery Support Services	Ages Served: 13 - 21 Service Location: Home, Office, Other Place of Service Service Limitations: We do not have wheel chair access
Service Description <p>Horizon High School is a recovery high school. This means our environment and curriculum are structured to provide a safe and sober learning atmosphere for students in recovery from drug, alcohol and mental health issues. The classroom setting is small, in order to promote an individualized curriculum and to allow for students' needs. Horizon High school guideline for enrollment is to maintain a staff to student ratio of five to one. Our student population varies and is usually between 10-15 students. Although the program is targeted at teens in recovery, anyone that needs an alternative to traditional high school setting and meets our criteria can attend. Horizon does not limit enrollment only to students in recovery. To maintain an engaging and educational atmosphere, Horizon incorporates guest speakers, life skills education, physical education, art, cooking, a food pantry, and weekly field trips. Generally, a weekly outing is planned to engage students in their community. Students are encouraged to participate in a variety of activities, both at school and after school, in order to help maintain their recovery and develop into well rounded community members. Since Horizon's creation, over 200 young people have attended. Today many of these former students are enrolled in colleges and universities, military, or working as contributing members of our community. The mission of Horizon High School is to provide a school that fosters emotional, social and academic growth for students who want to learn in an alcohol free, drug free environment. Students will actively assume responsibility.</p>	

HOUSING INITIATIVES INC

1110 RUSKIN Street
MADISON, WI 53704
Wheelchair Accessible

2502 CALYPSO ROAD
MADISON, WI 53704
Wheelchair Accessible

Telephone: (608) 277-8330

Fax: (608) 277-1726

Website: <http://housinginit.org>

Services Provided:

- * Employment-Related Skill Training
- * Individual Skill Development and Enhancement
- * Peer Support
- * Physical Health Monitoring

Ages Served:

Birth - 85+

Service Location:

Home, Office, Other Place of Service

Service Limitations:

HII serves clients who have been identified as chronically homeless and prioritized at the top of the Dane County Service Prioritizations list. In addition, HII serves only clients with a diagnosed severe mental illness. The CCS provider would offer services only to clients of HII.

Service Description

Housing Initiatives' staff will provide a wide variety of wrap-around services. Since Housing Initiatives is also the landlord/housing provider for all our CCS clients, our services staff are often able to provide services that address various dimensions of housing. Also, our target population is vetted through the Coordinated Entry system and other referrals as homeless and severely mentally ill. As such, there are many various learning and stabilization services that are often best provided by the housing provider.

IMAGINE YOUR CAPACITY COUNSELING & CONSULTING, LLC

128 E OLIN Avenue STE 201 MADISON, WI 53713	Telephone: (608) 316-1141 Fax: (608) 252-1333 Website: https://icc-wi.org
Services Provided: <ul style="list-style-type: none">* Diagnostic Evaluations* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Psychotherapy* Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 64 Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Dholuo, Kiswahili, Luhya

Service Description

Imagine a Child's Capacity's supports clients as they work on personal growth and strengthen overall well-being using a person- and healing-centered approach.

We meet our clients wherever they are on their journey and collaborate with them to individualize our therapeutic approach for each person and/or family using person-centered, relationship-based and sensory-informed modalities. Our staff is experienced in supporting a wide range of individuals (preschool-adulthood) and their mental health needs including the following:

- ADHD
- Anxiety
- Autism
- Chronic illness
- Depression
- Downs Syndrome
- Executive functioning differences
- Gender dysphoria
- Intellectual disabilities
- LGBTQIA+
- Life transitions
- OCD
- PDA
- Schizophrenia/Psychosis/Voice-hearing spectrum
- Sensory processing differences
- Trauma

Our providers may draw upon the following therapeutic approaches:

- Acceptance and Commitment Therapy (ACT)
- Cognitive Behavior Therapy (CBT)
- Cognitive Processing Therapy (CPT)
- Compassion Focused Therapy (CFT)
- Dialectical Behavior Therapy (DBT)
- Eye-Movement Desensitization and Reprocessing (EMDR)*
- Exposure and Response Prevention (ERP)
- Expressive Arts/Creative Modalities*
- Internal Family Systems-Informed
- Mindfulness Based Therapy/Modalities
- NeuroAffective Relational Model (NARM)*
- Play Therapy
- Poly-Vagal Theory and nervous system-based approaches
- Psychoeducation
- Skills Training

*providers that specialize in these modalities may have limited openings for services.

Services can take place in your home, the community or at our clinic.

INSIGHT COUNSELING & WELLNESS, LLC

**1943 WINNEBAGO ST.
MADISON, WI 53704
*Wheelchair Accessible***

**324 S. MAIN STREET
VERONA, WI 53593
*Wheelchair Accessible***

**121 S BRISTOL Street
STE 102
SUN PRAIRIE, WI 53590
*Wheelchair Accessible***

Telephone: (608) 244-4859
Fax: (608) 244-6809
Website: www.insightmadison.com

Services Provided:

- * SERVICE FACILITATION (assessment/planning)
- * Diagnostic Evaluations
- * Individual and/or Family Psychoeducation
- * Individual Skill Development and Enhancement
- * Psychotherapy
- * Wellness Management and Recovery/Recovery Support Services

Ages Served: Birth - 84
Service Location: Home, Office, Other Place of Service
Service Limitations:
Languages: Hmong, Spanish
State Certification: DHS 35 Certified

Service Description

At Insight, we offer holistic interventions, which means that we consider wellness of each person's mind, body and spirit. We offer individualized attention and cater our services to the unique needs of each person. We are skilled in employing body-centered therapies when appropriate, such as dance/movement therapy, somatic-expressive therapy and yoga therapy. We offer a rotating schedule of skills and psychotherapy groups utilizing yoga, expressive arts and other body-centered interventions. We are also versed in mindfulness meditation and EMDR (eye movement desensitization and reprocessing). Our therapists are master's and doctoral-level professionals in counseling, social work or marriage and family therapy.

JASON C SMITH MA LMFT LLC

111 S 1ST Street STE 160 MADISON, WI 53704	Telephone: (608) 977-1864 Fax: (608) 255-2752 Website: www.smiththerapymadison.com
Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy	Ages Served: 4 - 79 Service Location: Home, Office, Other Place of Service Service Limitations: Female ages served: 4-17 years old
Service Description I provide culturally inclusive, patient-centered and wellness focused services that promote social-emotional wellbeing, life balance to prevent or decrease unwanted mental and emotional health symptoms.	

JOURNEY MENTAL HEALTH CENTER

<p>802 E GORHAM Street MADISON, WI 53703</p> <p>25 KESSEL Court STE 105 MADISON, WI 53711 <i>Wheelchair Accessible</i></p> <p>49 KESSEL Court MADISON, WI 53711</p>	<p>Telephone: (608) 280-2700</p> <p>Fax: (608) 280-2707</p> <p>Website: www.journeymhc.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	<p>Ages Served: Birth - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: We do not service individuals with advanced dementia. We work with many consumers who are registered on the Wisconsin Sexual Offender Registry but we do not provide sexual offender treatment.</p> <p>Languages: German, Hmong, Spanish</p> <p>State Certification: DHS 75.50 Certified</p>
<p>Service Description</p> <p>At Journey Mental Health Center, CCS providers are able to provide all of the services on the array to consumers through their lifespan (child, adolescent and young, middle and older adults) in multiple programs. We work with individuals, their family members, CCS providers, and others that the person identifies as important in their recovery to support consumers in a holistic manner. These programs include:</p> <ul style="list-style-type: none"> • Growth Recovery Outreach Wellness (GROW), an intensive case management program at Journey, offering service facilitation including supportive counseling, advocacy, vocational/educational supports, support around primary health care, and coordination of benefits. GROW provides CCS services in both clinic-based and community-based settings. GROW also includes our First Episode Psychosis specific program, Promoting Recovery from Onset of Psychosis (PROPs), for teens and young adults, ages 15-25. • Yahara House (YH), a Clubhouse Model of mental health services, offers adults a path to recovery through relationships and work. YH members and staff work side by side building relationships with peers while learning important job skills. Service facilitation includes supportive counseling, member run self-help groups, supported employment, and transitional work experiences. • Journey's Outpatient Services offers an array of treatment modalities for psychotherapy in both group and individual settings, including: Cognitive Behavioral Therapy, Eye Movement Desensitization and Reprocessing, Seeking Safety, Dialectical Behavior Therapy Groups, Adults and Children Together, Child Parent Psychotherapy, Trauma Focused CBT, substance use treatment, and specialized treatment for trauma. This program also offers psychiatry/medication management. Psychotherapy and psychiatry is only available for consumers also receiving service facilitation at Journey. 	

KABBA RECOVERY SERVICES

1955 W BROADWAY, STE 102 MONONA, WI 53713	Telephone: (608) 709-1255 Fax: (608) 709-1407 Website: www.kabbainc.com
Services Provided: <ul style="list-style-type: none">* Diagnostic Evaluations* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Medication Management* Psychotherapy* Substance Abuse Treatment* Wellness Management and Recovery/Recovery Support Services	Ages Served: 13 - 79 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description <p>Kabba Recovery Services provides outpatient substance abuse counseling groups and individual sessions to underserved populations. We specialize in serving with those currently experiencing or are formerly homeless and those who have substance use and other behavioral health issues.</p> <p>We utilize a whole-person approach to all services provided, including extended outpatient, individual sessions, co-occurring services, couple's sessions, comprehensive substance abuse evaluations, and more.</p>	

KEEPING FAMILIES TOGETHER LLC

425 W MAIN Street STE 101 SUN PRAIRIE, WI 53590 <i>Wheelchair Accessible</i>	Telephone: (608) 318-1496 Fax: (608) 318-1496 Website: www.keepingfamiliesaltogetherinc.com
Services Provided: * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment	Ages Served: 4 - 64 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description Keeping Families Together, LLC provides a approach to dealing with individuals and/or families who suffer, from mental illness and/or dually diagnosed disorders. We believe in a holistic approach that addresses the consumers immediate needs and underlying problems. We welcome all individuals regardless of their race, gender, sexual orientation, and/or religious beliefs. Our mission is to enhance the dignity and quality of life of individuals from all walks of life by strengthening families and helping to eliminate barriers to opportunity. We believe that a true continuum of care includes treatment services, intervention services as well as preventive and educational services. Our staff consist of license substance professionals and mental health providers with over 20 years of experience working with vulnerable populations. We specialize with reducing the rates of recidivism amongst individuals who has been involved with the criminal justice system.	

LUTHERAN SOCIAL SERVICES - Off the Square Club CCS

4 N HANCOCK ST MADISON, WI 53703	Telephone: (414) 246-2300 Fax: (414) 246-2524 Website: www.lsswis.org
Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support * Wellness Management and Recovery/Recovery Support Services	Ages Served: 18 - 85+ Service Location: Office Service Limitations: You must be 18 years or older; must be a Dane County resident; and must have a primary diagnoses of a mental illness (Due to the structure and nature of our programing, individuals with diagnoses of autism, developmental disability, dementia or brain trauma will generally not be eligible for services) State Certification: DHS 75.50 Certified
Service Description Certified Peer Specialist with Lutheran Social Services (LSS) and Off The Square Club: Off the Square Club (OTSC) currently employs 4 individuals that provide Peer Support (CPS) and/or ISDE services who have extensive experience in a trauma informed, recovery oriented, person-centered program for persons living with mental illness. Our employees are compassionate, knowledgeable, and skilled individuals who use their personal mental illness (Peer Support) experience to offer hope and assist others in living full, well lives within the community. Staff goals are to empower the people they work with to take charge of their recovery; provide a safe place for them to increase their social connectedness and become active members of the Madison community; and facilitate access to community resources which support people in their recovery journey. Our CPS staff have experience in helping people connect with community resources and services addressing areas of need such as housing, finances, medical care, mental health care, educational and employment; vocational opportunities through volunteering and, at times, paid employment; support in times of personal crisis through Peer Support as well as long term paraprofessional counseling, and Peer Support services which are supportive of recovery. When you decide that Peer Support is something that would help you, OTSC will identify the staff person who would best fit your needs and help you reach your goals. If you are not sure this is what you are looking for to help in your recovery, but feel you may be interested in the services, we would be happy to help you meet with a CPS who will assist you in understanding how this service could benefit you. Off The Square Club General Program Information: OTSC also offers the opportunity for you to become a member of the program if you are interested, however, membership is not required if you are only interested in working with a CPS. The OTSC program provides this support by offering a safe, welcoming environment; free breakfast and lunch; access to telephones, computers, free clothing, and laundry facilities; social interaction, activities and connection; activities such as informal group discussions, art, crafts, card playing, and mutual support groups; OTSC provides these supports in a very flexible and individualized manner. Members determine for themselves when and how often they attend the program, what activities they will engage in, and which services or supports they will use – members are free to change their level of involvement as needed to meet their current life situation.	

LUTHERAN SOCIAL SERVICES - Service Facilitation & Outpatient CCS

1904 WINNEBAGO STREET MADISON, WI 53704 <i>Wheelchair Accessible</i>	Telephone: (414) 246-2300 Fax: (414) 246-2524 Website: www.lsswis.org
Services Provided: * SERVICE FACILITATION (assessment/planning) * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support * Psychotherapy * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: State Certification: DHS 75.50 Certified
Service Description The Service Facilitators within Lutheran Social Services provides community-based care coordination services to individuals with high level needs across multiple environments. This staff will provide assessment services, including an in-depth mental health and substance use assessment identifying consumer strengths and needs; works with the consumer/family to identify goals; and facilitates monthly team meetings. The service facilitator ensures the recovery plan and service delivery for consumers is coordinated, monitored and designed to support the consumer in a manner that helps them achieve the highest level of independent functioning. Lutheran Social Services also provides psychotherapy services through our community-based service array. We utilize evidence-based practices to create an individualized approach to meeting a consumer's mental health and substance abuse needs.	

MALECK THERAPY, LLC

5609 MEDICAL Circle STE 201 MADISON, WI 53719 <i>Wheelchair Accessible</i>	Telephone: (608) 514-1625 Fax: (608) 709-1079 Website: www.malecktherapy.com
Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Office Service Limitations:
Service Description Provide psychotherapy services to clients to help them identify problematic symptoms, patterns of interaction, and gain tools to cope.	

MANIFEST WELLNESS, LLC

2010 EASTWOOD Drive STE 104 MADISON, WI 53704 <i>Wheelchair Accessible</i>	Telephone: (608) 291-3676 Fax: (608) 716-3156 Website:
Services Provided: * SERVICE FACILITATION (assessment/planning) * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Hmong, Spanish
Service Description The providers at Manifest Wellness strive to be good team members who use solution focused, client-centered approaches to Wellness Support and Recovery Planning. Our goal is to assist consumers in exploring, clarifying, and achieving their personalized goals as they endeavor to improve their overall life satisfaction. Services provided by Manifest Wellness shall include: Service Facilitation (including Service Planning and Screening & Assessment), Individual Skill Development and Enhancement, Individual and Family Psychoeducation, Substance Abuse Treatment, Psychotherapy, and Wellness Management and Recovery/Recovery Support Services.	

MERCYLAND PSYCHIATRY, INC.

425 W. MAIN STREET STE 201 SUN PRAIRIE, WI 53590 <i>Wheelchair Accessible</i>	Telephone: (608) 318-2233 Fax: (608) 318-2234 Website: www.mercylandpsychiatry.com
Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Medication Management * Physical Health Monitoring * Psychotherapy * Wellness Management and Recovery/Recovery Support Services	Ages Served: Birth - 64 Service Location: Office Service Limitations: State Certification: DHS 35 Certified
Service Description Mercyland Psychiatry will provide a wide range of Mental/Behavioral Health Services, from evaluation to assessment, medication treatment and psychosocial intervention.	

MICHELLE AYRES, LLC

2701 INTERNATIONAL LANE STE 202 MADISON, WI 53704 <i>Wheelchair Accessible</i>	Telephone: (608) 200-4271 Fax: (608) 403-3039 Website: https://www.michelleayreslmft.com/
Services Provided: * Individual and/or Family Psychoeducation * Psychotherapy	Ages Served: Birth - 59 Service Location: Office Service Limitations:
Service Description I provide individual, couple and family therapy. I work with children and teens ages birth through 18, and adults of all ages. I currently provide TeleHealth and in-person sessions. In-person sessions are held at my office located at 2701 International Lane, Suite 202, on the northeast side of Madison. For young children, I strongly recommend in-person sessions (as long as it is safe to do so). I have completed specialized training from the University of Wisconsin-Madison in the Infant, Early Childhood and Family Mental Health Capstone Program and in Child Parent Psychotherapy. Child-Parent Psychotherapy is an evidenced-based model for treating infant and early childhood trauma. I am also certified in providing Trauma-Focused Cognitive Behavioral Therapy, and have training in Eye Movement Desensitization and Reprocessing (EMDR) Therapy and Internal Family Systems Therapy. I also enjoy working with adults and couples. I have completed formal training in Internal Family Systems (IFS) and Intimacy from the Inside Out (IFIO)©. These are the primary psychotherapy models I use when working with individuals and couples. I have training in the following therapy modalities: -Client Centered Play Therapy -Developmental and Attachment Play Therapy (DAPT) -Child-Parent Psychotherapy (CPP) -Trauma-Informed Cognitive Behavioral Therapy (TF-CBT) -Internal Family Systems Therapy (IFS) -Intimacy from the Inside Out ©(IFIO) -Eye Movement Desensitization and Reprocessing Therapy (EMDR) -Client Centered Psychotherapy -Mindfulness	

MOONTREE PSYCHOTHERAPY CENTER LLC

401 WISCONSIN Avenue MADISON, WI 53703	Telephone: (608) 256-5115 Fax: (608) 256-5116 Website: www.moontreecenter.com
Services Provided: * Individual and/or Family Psychoeducation * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 84 Service Location: Office Service Limitations: Building is not wheelchair accessible
Service Description Moontree provides holistic services that are carefully individualized. Expending strengths as well as eliminating problems is our goal.	

2814 SYENE ROAD MADISON, WI 53713 <i>Wheelchair Accessible</i>	Telephone: (608) 405-5889 Fax: Website:								
Services Provided: <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Psychotherapy * Wellness Management and Recovery/Recovery Support Services 	<table border="0"> <tr> <td>Ages Served:</td><td>18 - 85+</td></tr> <tr> <td>Service Location:</td><td>Home, Office, Other Place of Service</td></tr> <tr> <td>Service Limitations:</td><td>Neu K services are bilingual and culturally appropriate, designed to make mental health services accessible and acceptable to Southeast Asian individuals and families in Dane County. The programs offer services in both traditional and nontraditional settings that reflect the cultural values, traditions, and beliefs of Hmong, Lao, and Khmer people.</td></tr> <tr> <td>Languages:</td><td>Hmong, Laotian, Thai</td></tr> </table>	Ages Served:	18 - 85+	Service Location:	Home, Office, Other Place of Service	Service Limitations:	Neu K services are bilingual and culturally appropriate, designed to make mental health services accessible and acceptable to Southeast Asian individuals and families in Dane County. The programs offer services in both traditional and nontraditional settings that reflect the cultural values, traditions, and beliefs of Hmong, Lao, and Khmer people.	Languages:	Hmong, Laotian, Thai
Ages Served:	18 - 85+								
Service Location:	Home, Office, Other Place of Service								
Service Limitations:	Neu K services are bilingual and culturally appropriate, designed to make mental health services accessible and acceptable to Southeast Asian individuals and families in Dane County. The programs offer services in both traditional and nontraditional settings that reflect the cultural values, traditions, and beliefs of Hmong, Lao, and Khmer people.								
Languages:	Hmong, Laotian, Thai								
Service Description <p>Services are based on wrap-around and holistic models. This program also works with natural healers such as shaman, spiritual, and other tradition healing methods appropriate to the needs of the population and clients.</p> <p>Neu K LLC provides socialization and psychosocial and psychiatric treatment and support so participants can continue to live with their families. It does this in a way that creates harmony between western views on medicine and mental health and traditional Southeast Asian cultures.</p> <p>Specific needs addressed include outreach, transportation, culture brokering with health and human service agencies, mental health services and case management, medical attention, and socialization opportunities. Effective services to this population require an understanding of Southeast Asian cultures and respectful attention to the cultural aspects of service and treatment options.</p> <p>Services provided include cultural brokering, clinical/mental health case management, transportation, psychosocial group support, psychiatric evaluations and medication reviews, psychotherapy, group therapy, individual and family counseling, translation, daily noon meals, field trips, citizenship/English classes, and social advocacy.</p>									

NEW GROWTH MENTAL HEALTH COUNSELING, LLC

2802 COHO Street STE 204 MADISON, WI 53713 <i>Wheelchair Accessible</i>	Telephone: (608) 772-4073 Fax: (608) 299-3888 Website: www.newgrowthmentalhealthcounseling.com
Services Provided: * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 84 Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Spanish
Service Description New Growth Mental Health Counseling offers Individual, couples, child, adolescent and family counseling in an outpatient setting in Monona, WI. Areas of specialty include substance abuse, dual diagnosis, depression, domestic abuse, anxiety, self-harm, post-partum mood disorders, trauma/PTSD, life transitions (new job, loss of loved one, relocation, unemployment, engagement, pregnancy, finances, etc.), relationships (divorce, couples, family dynamics, parenting), and personality disorders (obsessive-compulsive, bipolar). Modalities include CST, mindfulness, motivational interviewing, brainspotting, psychoeducation and experiential. Contact us directly: -Anne Erhardt: 608-772-4073 -Rachel Kleibor: 608-358-5803 -Susan Cooper: 608-698-3234	

NEW LEVEL BEHAVIORAL HEALTH LLC

4528 W DEER RUN Drive APT 206 BROWN DEER, WI 53223	Telephone: (414) 856-4625 Fax: Website:
Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Substance Abuse Treatment	Ages Served: 18 - 84 Service Location: Telehealth Service Limitations: Telehealth services only
Service Description New Level behavioral Health provides Mental Health Psychotherapy services. We also provide Substance Abuse Counseling, providing consumers with coping skills they need to combat their negative symptoms. We use psychoeducation, CBT, DBT, Person Centered therapy, Christian counseling, and humanistic therapy. Our main focus is seeing the consumer's quality of life improve.	

OPEN DOOR CENTER FOR CHANGE LLC

<p>6502 GRAND TETON Plaza STE 102 MADISON, WI 53719-1047 <i>Wheelchair Accessible</i></p> <p>2820 WALTON COMMONS STE 128 MADISON, WI 53718</p>	<p>Telephone: (608) 827-7220 Fax: (608) 827-7223 Website: www.opendoorcfc.com</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy 	<p>Ages Served: 4 - 84</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> <p>Languages: Spanish</p> <p>State Certification: DHS 35 Certified</p>
<p>Service Description</p> <p>Open Door Center for Change is a full-service outpatient mental health clinic that provides a range of services to people throughout the lifespan. Our clinicians have a wide variety of training and specializations including Neurofeedback, TRE, EMDR, and DBT. All of our clinicians work from a trauma-informed and client centered perspective.</p> <p>We provide a full service dialectical behavior therapy program to individuals as young as 13 years of age. The program includes: weekly skills training group (core mindfulness, interpersonal effectiveness, emotion regulation, and distress tolerance skills), weekly individual therapy, daily diary cards, 24/7 phone coaching and parent/caregiver involvement. This evidence based treatment serves clients who have demonstrated difficulty managing emotions, impulsive behaviors and suicidal thoughts.</p> <p>Bilingual (Spanish/English) psychotherapy is available.</p> <p>Service Facilitation is available for Adolescents and Adults.</p>	

313 PRICE Place STE 104 MADISON, WI 53705 <i>Wheelchair Accessible</i>	Telephone: (608) 886-9373 Fax: (608) 440-2846 Website: www.orchestrax.org
Services Provided: * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Spanish
Service Description <p>Orchestra X offers a wide array of client-centered solution-focused recovery wellness services. Our highly experienced providers work with youth, families, and adults including the elderly population. We at OX believe that the essence of healing starts with utilizing a person's inherent strength and innate creativity and talent.</p> <p>We will work with you in your mental health/substance use recovery journey. With respect, care, and joining through active listening, empathy, and humor we will honor your path and will be honored to be a part of your journey.</p> <p>We believe that community is a powerful part of recovery. We can work with you in the community, or wherever is best for you. Services we provide include Strength Based psychotherapy approaches including Narrative Therapy, Cognitive Behavioral Therapy (CBT) and Solutions Focused Therapy. Orchestra X Providers are trained in several modalities of Trauma Recovery.</p> <p>Many of our Providers are Certified Substance Abuse Counselors and recovery from addiction is foundational to our Recovery Mission at Orchestra X. You will receive care through all stages of Substance Use Recovery in a supportive caring therapeutic environment.</p> <p>We provide a wide range of skills-based development services with specializations in housing, education, medication management and physical health monitoring. In partnership with Chrysalis, we provide cutting- edge employment services. We also provide Service Facilitation, individual and family psychoeducation, as well as Peer Support Services.</p> <p>At Orchestra X we commit to meeting and engaging you where you are. We will walk alongside you to achieve your goals, realize your dreams, and become your best.</p>	

ORION FAMILY SERVICES

<p>4726 E. TOWNE BLVD. MADISON, WI 53704 <i>Wheelchair Accessible</i></p> <p>26 SCHROEDER CT. STE 210 MADISON, WI 53711</p>	<p>Telephone: (608) 270-2511 Fax: (608) 270-0467 Website: www.orionfamilyservices.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy 	<p>Ages Served: Birth - 21</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: We would be unwilling to serve consumers who present a safety threat to Orion Staff</p> <p>Languages: Cantonese, Mandarin</p> <p>State Certification: DHS 35 Certified</p>
<p>Service Description</p> <p>Orion Family Services is a private, nonprofit organization which serves children, adolescents and families throughout Wisconsin. Orion's programs are dedicated to providing compassionate treatment services to troubled children and their families. Services include outpatient and in-home individual and family therapy to children, adolescents and families as well as a range of other critical outreach services, such as Service Facilitation and Individual Skills Development.</p> <p>The Orion Intensive In-Home Family Therapy Program is designed for treatment of children and adolescents experiencing severe emotional, behavioral, and social difficulties within their home, school or community. Including families in treatment when working with children and adolescents is an approach that improves individual and family functioning. Although the identified client is the child or adolescent, the program's focus includes treatment that supports the family in resolving their difficulties. The philosophy of the program is that everyone in the family is responsible, but no one is to blame. Treatment emphasis is placed up on enhancing family strengths and supporting positive changes in the family system, in order to improve the overall functioning of the child. Therapists work with families to increase family cohesion and effective communication, and to create a supportive family environment where negative behaviors are reduced and positive behaviors increased. Parenting skills education is incorporated in treatment in either a formal curriculum-based approach (through out Parent Skill-Builder Program) or informally as needed. For families impacted by trauma, we help healing occur through the use of trauma-informed treatment approaches such as Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT). Orion has clinicians that have obtained advanced training in the utilization of this evidence-based and highly effective model for resolving trauma and reducing resultant emotional, behavioral, and interpersonal issues.</p>	

OUR GENERATIONS INC

1955 W. BROADWAY STE 104 MADISON, WI 53713	Telephone: (608) 217-2650 Fax: (608) 405-5107 Website: www.generationstherapy.org
Services Provided: <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Gujarati State Certification: DHS 35 Certified
Service Description <p>We are honored to be providing services to individual adults and children, as well as families. Skilled professionals are trained and licensed to provide marriage and family therapy, substance abuse recovery support, and therapy for mental health concerns such as anxiety, depression, ADHD/ADD, bipolar disorder and trauma and not limited to these. We are an outpatient mental health clinic that offers culturally specific services for communities of color where they can feel safe, be heard, and seen.</p> <p>Our specialties include:</p> <ul style="list-style-type: none"> - Psychotherapy - Individual skill development - Psychoeducation - Group therapy 	

PECKU ANCHORED AFH LLC

30 W MIFFLIN Street STE 702 MADISON, WI 53703 <i>Wheelchair Accessible</i>	Telephone: (608) 352-9295 Fax: (608) 607-0001 Website: https://peckuanchoredafh.godaddysites.com/
Services Provided: * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring	Ages Served: 13 - 84 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description Pecku Anchored AFH LLC serves clients of all ages of 4 yrs - 84 years of age. We serve a variety of clients such as those who have physical disabilities, developmental disabilities, mental illness, and traumatic brain injuries. We meet the needs of clients through a fundamental approach. We offer exceptional therapeutic exercises that allow our clients to reconnect in their own extraordinary gift. As clients gain independence navigating through life; life changes occur that unseals a new life journey. Lastly, we provide a range of different services which include: coaching and application, mindfulness, and positive reinforcement.	

RADIANT MINDS BEHAVIORAL HEALTH SERVICES, LLC

1410 GREENWAY Cross STE 102 MADISON, WI 53713	Telephone: (608) 217-0438 Fax: Website:
Services Provided: * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual Skill Development and Enhancement * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description At Radiant Minds Behavioral Health Services, LLC, we offer a comprehensive range of client-centered services designed to support individuals in achieving their goals and improving their overall well-being. Our services include: 1. Screening and Assessment: Includes conducting thorough assessments to understand each individual's unique needs, strengths, and challenges. This helps us tailor our services to their specific requirements. 2. Service Planning: Based on the assessment results, we develop personalized service plans that outline the goals, strategies, and resources needed to support our clients on their journey to success. 3. Service Facilitation: Our team will coordinate and connect clients with the appropriate services, resources, and support, ensuring a seamless and efficient process. 4. Individual Skill Development and Enhancement: Our agency offers skill-building programs and workshops that empower clients to acquire and refine essential life skills, enhancing their self-sufficiency and independence. 5. Employment-Related Skill Training: Our agency provides specialized training to help clients develop the skills and knowledge needed to succeed in the workforce. This includes resume building, interview preparation, job search strategies, and more. Our commitment is to assist individuals in reaching their full potential, promoting self-determination, and fostering a sense of empowerment in the pursuit of their life goals	

RCC WELLNESS AND SUPPORT SERVICES

2801 COHO Street STE 301 MADISON, WI 53713 <i>Wheelchair Accessible</i>	Telephone: (608) 251-5126 Fax: (608) 251-6229 Website: https://thercc.org/
Services Provided: <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: The RCC provides services to survivors (4 years and older, their family members, and support network) of primary and secondary trauma. RCC does not work with perpetrators of trauma.
Service Description RCC Wellness & Support Services takes a comprehensive cultural, biopsychosocial approach in caring for the whole person. We provide trauma informed and trauma responsive services to anyone who has experienced primary and/or secondary trauma, their family members, and/or their support network. RCC Wellness & Support Services provides services for children (4 years and older), adolescents and adults. We believe in compassionate care using evidence-based practices and a systems approach. RCC Wellness & Support Services works to empower those impacted by trauma to develop their own recovery goals and be a partner in the service facilitation and therapy process through a collaborative approach. We provide service facilitation in Hmong and English. Our Bilingual/Bicultural Hmong Service Facilitator has earned Parent Coaching and Infant Early Childhood Family Mental Health Capstone Certificates. We use interventions such as Trauma Focused Cognitive Behavioral Therapy (TFCBT), Substance Use Counseling, Dialectical Behavior Therapy (DBT), and Motivational Interviewing. RCC Wellness & Support Services does not work with perpetrators of trauma.	

RISE WISCONSIN, INC.

2120 FORDEM Avenue MADISON, WI 54704	Telephone: (608) 250-6634 Fax: (608) 250-6637 Website: www.risewisconsin.org
Services Provided: <ul style="list-style-type: none">* SERVICE FACILITATION (assessment/planning)* Diagnostic Evaluations* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Psychotherapy	Ages Served: 4 - 49 Service Location: Home, Office, Other Place of Service Service Limitations: We do not currently have a psychiatrist on site, but we are well connected to psychiatrists in the community and are prepared to help link you with this service.
Service Description <p>At RISE, we specialize in transitions of all kinds, because change can be hard. We know that feeling overwhelmed and stressed can get in the way of living the life you want. We are here to support you in identifying and learning new skills. Youth, young adults and families are served with care, cultural sensitivity and compassion.</p> <p>We walk with you in building your hopes and dreams, grounded in mental health and substance use recovery. You decide what services will help you reach your goals, and we will get you connected. You have many kinds of support to choose from. We are flexible and will meet you where it works best for you, and we provide a variety of services tailored to your wellness goals.</p> <p>With our service facilitation at RISE, you can access Individual Skills Development (ISD), as well as individual and family psychoeducation. Through our team's partnership with Chrysalis and the Department of Vocational Rehabilitation (DVR), we offer state-of-the-art employment support to help you reach your goals. Finding a therapist, securing stable housing, getting connected to a doctor, finding the right support at school, and figuring out benefits (SSDI, Section-8, food assistance) can all happen while you are with us.</p> <p>RISE values lived experience and your individual voice and choice in your own recovery journey.</p> <p>We look forward to meeting you!</p>	

SAMARITAN COUNSELING CENTER OF SOUTHERN WISCONSIN

5900 MONONA Drive STE 100 MONONA, WI 53716	Telephone: (608) 663-0763 Fax: (608) 663-0765 Website: www.samaritancounselingcenterwi.org
Services Provided: * Psychotherapy	Ages Served: 4 - 85+ Service Location: Office Service Limitations: State Certification: DHS 35 Certified
Service Description At the Samaritan Counseling Center of Southern Wisconsin we welcome all clients with varying life circumstances and backgrounds. We believe in treating each individual with compassion and encouragement. Our therapists located at the Monona office strive to provide uplifting counseling to best fit the client's mental health and well-being needs. We also provide to clients, if they desire, a unique holistic approach that incorporates individual client's own spiritual beliefs into the therapy process. We have therapists that specialize in trauma work (including EMDR and Brainspotting therapy) as well as a wide range of experience in the following areas: Depression, Bipolar Disorder, OCD, ADD/ADHD, Grief, Anxiety, Dissociative Disorders, Post-Traumatic Stress Disorder (PTSD), Trauma Related Issues, Separation & Divorce Adjustment, Career Issues, Faith Issues, Divorce/Blended Family Issues, Chemical Dependency.	

SOAR CASE MANAGEMENT SERVICES, INC

4513 MILWAUKEE STREET MADISON, WI 53714 <i>Wheelchair Accessible</i>	Telephone: (608) 287-0839 Fax: (608) 287-0840 Website: www.soarcms.org
Services Provided: <ul style="list-style-type: none">* SERVICE FACILITATION (assessment/planning)* Diagnostic Evaluations* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Medication Management* Peer Support* Physical Health Monitoring* Psychotherapy* Wellness Management and Recovery/Recovery Support Services	Ages Served: 18 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: SOAR only provides substance abuse treatment to clients who are dually diagnosed with a mental health disorder. Languages: Spanish State Certification: DHS 35 Certified

Service Description

SOAR Case Management, Inc. is a consumer operated non-profit, recovery based provider of community mental health services. SOAR was founded in 1997 on the belief that mental health consumers can and will recover if they are given the tools to become self-sufficient and follow their hopes and dreams. SOAR's mission is to assist consumers in developing their capabilities, talents, and aspirations in a culturally responsive, trauma-informed, and recovery oriented manner. SOAR's approach to case management has always put a strong emphasis on peer support as a primary component of the service delivery continuum. Currently the majority of SOAR's staff identify as mental health consumers. Furthermore, 100% of SOAR's Board of Directors identify as mental health consumers. This in-depth understanding of the mental health and substance use systems, both from a consumer and clinician stance, ensures that consumers at SOAR remain the drivers of their own treatment and recovery.

SOAR Programs:

Case Management: At its core, SOAR's Service Facilitation services rely on the principles of self-determination, autonomy, empowerment, respect, and collaboration to tailor individualized community based treatment for adults living with mental health and substance use issues. Our solution-focused, holistic approach to case management puts consumers first and understands that each person is the "expert" of their own experience. Our case managers seek to understand the unique life experiences, successes, and challenges of each consumer and work in a culturally responsive, trauma informed manner with consumers on their recovery journey. Service Facilitators work to coordinate and provide a wide array of office and community based services including:

- Housing Support/Assistance
- Crisis Management
- SSA Benefit Management
- Psychiatry Referral/Coordination
- Physical/Dental Health Needs
- Individual and Group Therapy/Counseling Services
- Medication Management
- Peer Support Services
- Daily Living Skills
- Money Management

Psychiatry Clinic: SOAR's DHS CH. 35 Outpatient Psychiatry Clinic provides prescriber services to individuals in Madison and the surrounding Dane County Area who are living with mental illness and/or substance use concerns and are either enrolled in CCS or who have Medicaid (MA or MA with Care WI or iCare HMO's). Our Psychiatrist works directly with our consumers and their case managers in a collaborative, holistic manner to work to find creative solutions to individual challenges and concerns. Within our prescriber services SOAR offers medication management, diagnostic/psychiatric evaluations, and psychotherapy. Additionally, consumers have access to RN services including lab monitoring, medication assistance/administration, and basic physical health monitoring.

Recovery Dane: Recovery Dane provides community based Certified Peer Specialist services in one-on-one or groups settings. Our Wisconsin certified peers have the ability to lend unique insights and support to consumers living with mental illness and substance use concerns. SOAR sees Peers as an integral part of consumers treatment team during their recovery journey. Recovery Dane offers peers who are bilingual in Spanish and English as well as a peer who publically identifies as transgender.

Peer Lead Groups: Recovery Dane and Solstice House peers also facilitate multiple weekly groups including Coping with Anxiety and Depression, Hearing Voices, Writing your Way to Wellness, Radiance--peer support for transgender and non-binary people seeking mental health support, and are currently developing new offerings.

Solstice House: Solstice House opened in 2015 and is one of the three original Peer Run Respite in Wisconsin. Solstice House aims to provide a stable and supportive home-like environment run by, and for, individuals with lived experiences of mental health and/or substance use concerns. It provides short-term, residential support for individuals who may be experiencing an increase in symptoms or life stressors who are in need of support and services to aid in their overall recovery and wellness. Solstice House also offers a "Warm line" service to any Wisconsin Resident in need of telephonic or Zoom based peer support services. Warmline will be changing in 2022/23 with the implementation of the Statewide Warmline, in which Solstice House has played an integral part of planning and will provide services within.

SOAR is working toward physical health monitoring as defined in the CCS service array with a focus on education for management of physical health conditions exacerbated by mental illness. We plan to employ a part-time RN for the purpose of providing training and assistance to the CCS consumer to identify symptoms of physical health conditions, monitoring of physical health medications and treatments, and the development of skills related to monitoring and management of physical health concerns with the consumer and family members as identified by the consumer.

Sondercove Wellness LLC

5315 LONG Street MCFARLAND, WI 53558	Telephone: (608) 332-7750 Fax: Website: www.sondercovewellness.com
Services Provided: <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Wellness Management and Recovery/Recovery Support Services 	Ages Served: Birth - 74 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description <p>At Sondercove Wellness, we believe in the transformative power of community-driven support, especially for Black families and individuals within Dane County. Our mission is to uplift and empower historically marginalized communities by offering tailored, culturally relevant services that address the unique challenges faced by Black families and those living at the intersection of multiple marginalized identities, including race, gender, socioeconomic status, and more.</p> <p>Peer Support Services – A Pathway to Healing Through Connection Our Peer Support Specialists are at the heart of what makes Sondercove unique. They are individuals with lived experiences in mental health challenges, substance use recovery, and navigating systemic barriers, offering a level of empathy, understanding, and authenticity that traditional clinical roles may not provide. By walking alongside clients on their journey, our Peer Support Specialists foster relationships built on trust, mutual respect, and shared experience. We value the power of lived experience, and we honor the diverse pathways individuals take toward recovery and wellness.</p> <p>What Peer Support Offers: ? Multiple Pathways to Recovery: We recognize that there is no “one-size-fits-all” approach to recovery. Whether through therapy, support groups, spiritual practices, or community involvement, we support each person’s chosen path and celebrate their unique journey. ? Person-Centered Approaches: Each individual’s needs, goals, and strengths are the focus of our work. We respect clients as experts in their own lives and provide support that honors their autonomy, helping them navigate challenges in ways that are meaningful to them. ? Trauma-Informed Care: Many of our clients have faced significant adversity, from systemic discrimination to personal traumas. At Sondercove, we approach every individual with empathy, recognizing the lasting impacts of trauma and fostering a safe, non-judgmental environment that prioritizes healing and recovery. ? Strength-Based Support: We don’t just focus on problems—our goal is to uplift and highlight the strengths of our clients. By focusing on resilience, we help individuals build upon their inherent abilities and navigate their recovery from a place of empowerment and self-determination.</p> <p>At Sondercove Wellness, we are more than a wellness service—we are a community, committed to helping Black families and all marginalized individuals in Dane County thrive by creating pathways to recovery, health, and well-being that honor their identities, lived experiences, and strengths.</p>	

STAY FOCUSED COUNSELING LLC

2921 LANDMARK PLACE STE 215 MADISON, WI 53713	Telephone: (608) 960-4726 Fax: (608) 729-3774 Website: www.stayfocusedcounseling.com
Services Provided: <ul style="list-style-type: none">* Employment-Related Skill Training* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Medication Management* Psychotherapy* Substance Abuse Treatment* Wellness Management and Recovery/Recovery Support Services	Ages Served: 13 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description <p>Stay Focused Counseling LLC is designed to tap into various aspects of your life. We will focus on the areas that are causing you difficulty and have room for improvement.</p> <p>Stay Focused on Healthy Relationships: This is geared toward domestic violence education. We will explore how you may be hurting others as well as how you may be abused and the steps you can take to make positive changes in your intimate relationships.</p> <p>Stay Focused on Healthy Living: There are a variety of factors that contribute to your health and wellness. This includes nutrition, physical fitness, stress management, and building a winning self-image. We will find ways to address any anxiety or depression you may be experiencing so you can be more comfortable with your existence.</p> <p>Stay Focused on Freedom: It takes just a moment of weakness to behave in a way that can result in a consequence which results in a period of confinement, such as jail or prison. We will analyze your thoughts, which, in turn, influence your feelings, that govern your behavior for which you need to take responsibility.</p> <p>Stay Focused on Career Development: It is never too late to make positive strides in your life to become a better person and make positive contributions to society. We will build a winning resume and practice interviewing skills to help prepare you for the work arena. The goal is to find work that is meaningful and for which you are passionate.</p>	

STEAMING AHEAD WITH HEALTH INTERVENTIONS, LLC

1955 W BROADWAY Street STE 105 MONONA, WI 53713 <i>Wheelchair Accessible</i>	Telephone: (608) 421-8386 Fax: Website: www.steamingaheadhi.com
Services Provided: * SERVICE FACILITATION (assessment/planning) * Individual Skill Development and Enhancement	Ages Served: 4 - 17 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description Steaming Ahead with Health Interventions uses various forms of science, technology, engineering, arts, and mathematics to teach and learn coping skills to youth.	

STEP TIME, INC.

2976 TRIVERTON PIKE Drive STE 110 FITCHBURG, WI 53711 2984 TRIVERTON PIKE Drive STE 101 FITCHBURG, WI 53711	Telephone: (608) 286-1037 Fax: (608) 561-8744 Website: www.steptimeinc2022.net
Services Provided: * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Office, Other Place of Service Service Limitations: Unable to serve consumers in their homes
Service Description Step Time is a culturally aware outpatient facility that focuses on the client's present condition but also the past and how the client arrived here. We are an inclusive business, "ALL ARE WELCOME HERE!" Step Time is a Service Facilitation and Array agency that specializes in mental health, psychoeducation, psychotherapy, and SUD treatment. "We are a place for healing." Our clinicians have experience in various areas and will strive to ensure you receive the best and most comprehensive care. We walk with you on your recovery journey!! Our agency has a number of skill-based development specializations including but not limited to, housing employment, Substance use disorders, and medication management. Our moto is: Faith is the substance of things hoped for and the evidence of things not seen." We strive to make a difference in the lives of people who may have lost their way. We make a difference, we listen, we advocate, and we ensure our clients are heard!! We look forward to helping you on your journey of discovery!!!	

<p>1053 WILLIAMSON Street MADISON, WI 53703</p> <p>300 Femrite Drive Monona, WI 53716</p> <p>4915 MONONA DRIVE MONONA, WI 53716</p>	<p>715 RETHKE TERRACE MADISON, WI 53714</p> <p>Telephone: (608) 663-2120</p> <p>Fax: (608) 222-6694</p> <p>Website: www.tellurian.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	<p>Ages Served: 18 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> <p>Languages: Spanish</p>
<p>Service Description</p> <p>At Tellurian, we have over 50 years' experience providing services to adults living with mental health and/or substance use challenges. We understand that everyone's path to recovery is unique, and we work to provide services that are tailored to the individual's needs and wants. Tellurian CCS Programs:</p> <p>Community Intervention Team (CIT) – Service Facilitation team which is proud to provide individualized, strengths-based, and trauma-informed support to adults with mental health and/or substance use issues. Services include: crisis stabilization, medication management, money management, housing coordination, and Activities of Daily Living (ADL) skills. *Individuals connected with CIT may be able to utilize Psychiatry services depending on availability.</p> <p>Community Recovery Services (CRS) – Provides specialized substance use support via Service Facilitation and array services for individuals seeking recovery from substance use concerns. CRS supports clients through each stage of change and provides education to individuals and providers supporting those individuals. CRS provides harm reduction education as well as connections to medication assisted treatment, outpatient treatment, IOP, residential treatment and peer support services. They also provide support with employment searches, budgeting skills, connections to dental care and primary care.</p> <p>Outpatient Services – Our dually trained therapists at our Outpatient offices in Monona provide a wide array of counseling and assessment services for individuals with substances use and/or mental health issues. Our team provides individual, group, and/or family counseling when appropriate.</p> <p>Peer Advocate in Recovery (PAIR) - The PAIR Team provides community-based peer support services. We offer a team of diverse certified peer specialists, who can work side by side with individuals while assisting their peers in articulating their goals for recovery, learning and practicing new skills, helping them monitor their progress, supporting them in their treatment, modeling effective coping techniques and self-help strategies.</p> <p>Rethke – Provide Service Facilitation and array services (Individual Skill Development and Enhancement, Physical Health Monitoring, and Wellness Management and Recovery/Recovery Services) to individuals residing at 715 Rethke Avenue, which is a 60-unit Permanent Supportive Housing program.</p>	

THE HMONG INSTITUTE INCORPORATED

4402 FEMRITE Drive MADISON, WI 53716 <i>Wheelchair Accessible</i>	Telephone: (608) 692-8918 Fax: (608) 222-4903 Website: www.thehmonginstitute.org
Services Provided: * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Hmong
Service Description We provide culturally and linguistically responsive services to Southeast and East Asian clients. We provide nontraditional psychosocial rehabilitative services such as the use of a monk, soul caller, or shaman to perform spiritual ceremony to unite the body and soul. These nontraditional services help restore the client's functional capabilities and increase community living ability as well as the ability to carry out activities associated with daily living. Service facilitation activities that we ensure the member receives are: bilingual assessment services, service planning, service delivery and supportive activities. We also provide psychotherapy, psychoeducation, and peer support services to promote wellness and self-direction, including individual skill development and enhancement services for problem solving, decision-making, self-regulation, daily living skills related to personal care, household tasks, financial management, and connecting to community resources and services.	

THE PSYCHOLOGY CLINIC, INC.

<p>702 N BLACKHAWK Avenue STE 109 MADISON, WI 53705 <i>Wheelchair Accessible</i></p> <p>2985 TRIVERTON PIKE Drive STE 201 FITCHBURG, WI 53711 <i>Wheelchair Accessible</i></p>	<p>Telephone: (608) 852-8585 Fax: (608) 238-1929 Website: www.thepsychologyclinicinc.com</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	<p>Ages Served: 4 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> <p>Languages: American Sign Language, Bulgarian, French, German, Macedonian, Mandarin, Russian, Serbian, Turkish</p> <p>State Certification: DHS 35 Certified DHS 75.49 Certified</p>
<p>Service Description</p> <p>The Psychology Clinic, Inc., is a multifaceted outpatient mental health clinic serving children, adolescents and adults. Our staff have extensive experience in crisis intervention services and we specialize in working with clients with complex mental health and situational needs. Some service array providers are also able to meet outside of regular business hours to meet client's mental health needs while continuing to meet their other demands. We have assembled a multidisciplinary team to provide a broad range of traditional and innovative professional services. Staff will be providing a variety of trauma informed approaches to services, including somatic experiencing, DBT, EMDR, IFS, TF-CBT, trauma informed weight lifting and yoga, and more. We have developed an approach that is designed to be responsive to people's needs in a wide variety of circumstances.</p> <p>Services:</p> <ul style="list-style-type: none"> • Culturally-sensitive psychotherapy for individuals, couples, families and groups. We work with clients wherever it is most effective do so – in our office or in their homes. We encourage clients to take an active role in shaping their counseling treatment plans. • Service facilitation for children, adolescents and adults. We pride ourselves in providing responsive, compassionate and individualized case management services. • Medication management with prescribing for youth and adults with experience including first episode psychosis. • Diagnostic Evaluations performed in a thorough and timely manner. • Psychoeducation for children, adolescents and adults provided in a setting designed to maximize effective learning for clients. • Family/Individual skill development and enhancement services for various needs including (but not limited to) organization, coping skills, social skills, community resources, employment seeking, time management, mental focus, emotional regulation, and problem-solving. • Substance abuse treatment for adolescents and adults. • Wellness management and recovery support services for clients of all ages. 	

THE RAINBOW PROJECT INC

<p>2096 RED ARROW TRAIL FITCHBURG, WI 53711</p> <p>831 E WASHINGTON AVE. MADISON, WI 53703 <i>Wheelchair Accessible</i></p>	<p>Telephone: (608) 255-7356 Fax: (608) 255-0457 Website: www.therainbowproject.net</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Wellness Management and Recovery/Recovery Support Services 	<p>Ages Served: Birth - 12 Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Spanish State Certification: DHS 35 Certified</p>
<p>Service Description The Rainbow Project is a local nonprofit child and family counseling and resource clinic offering a full range of prevention, early-intervention, crisis-response, and treatment services to young children and their families.</p>	

THINK & GROW LLC

2921 LANDMARK PLACE STE 215 MADISON, WI 53713-4248 <i>Wheelchair Accessible</i>	Telephone: (608) 957-7277 Fax: Website: www.thinkandgrowllc.com
Services Provided: * Individual and/or Family Psychoeducation * Psychotherapy	Ages Served: 18 - 69 Service Location: Office Service Limitations:
Service Description We offer one-on-one and group mental health therapy. We work with individuals and couples that are seeking to live a more fulfilling life. By meeting people where they are and equipping them with the mindset to use what they currently have to get to where they want to be, we aim to support those who are in need of a genuine experience while being their authentic self.	

TRAILHEAD THERAPY AND MENTORING

118 E. JEFFERSON STREET VIROQUA, WI 54665	Telephone: (608) 606-6789 Fax: (608) 640-3513 Website: www.trailheadtm.org
Services Provided: * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Spanish
Service Description Our agency specializes in adventure based therapies and mentoring. We encourage outdoor sessions that incorporate natural, kinesthetic and adventure elements in our work. We also provide in-home family therapy and community based therapies and mentoring.	

TRAILWAYS LLC

101 MAIN Street STE 4 WAUNAKEE, WI 53597	Telephone: (608) 843-9213 Fax: (608) 200-2417 Website: www.trailwayscounseling.com
Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description Trailways Counseling will provide psychosocial rehabilitation, psychoeducation, individual skill development and psychotherapy in the community. Trailways Counseling provides person centered, trauma informed services to meet the consumer where they are at and provides assistance in helping the consumer reach their full potential. Therapists employed by Trailways Counseling have been trained and practice TF-CBT and have also been trained in DBT skills.	

TRIQUESTRIAN LLC

**996 STORYTOWN ROAD
BROOKLYN, WI 53521**

**6410 ENTERPRISE Lane
STE 210
MADISON, WI 53719
*Wheelchair Accessible***

Telephone: (608) 400-3672
Fax: (608) 422-4006
Website: www.triquestrian.com

Services Provided:

- * SERVICE FACILITATION (assessment/planning)
- * Diagnostic Evaluations
- * Employment-Related Skill Training
- * Individual and/or Family Psychoeducation
- * Individual Skill Development and Enhancement
- * Medication Management
- * Peer Support
- * Physical Health Monitoring
- * Psychotherapy
- * Substance Abuse Treatment
- * Wellness Management and Recovery/Recovery Support Services

Ages Served: 4 - 85+
Service Location: Home, Office, Other Place of Service
Service Limitations:
Languages: Mandarin
State Certification: DHS 75.50 Certified

Service Description

Office Based Services:

Triquestrian provides traditional office based psychotherapy for adolescents and adults. Our skilled therapists work with a variety of mental health and substance use issues including but not limited to Anxiety, Depression, BiPolar Disorder, Eating Disorders, Substance Use Disorders, Borderline Personality Disorder, Gender Identity, and Trauma. We tailor our services to meet the needs of each person we are working with utilizing CBT, DBT, Motivational Interviewing, Somatic Experiences, EMDR, and a variety of other approaches. We also provide Medication Management, Physical Health Monitoring, Individual Skill Development and Enhancement, Employment Related Skill Development, Individual and/or Family Psychoeducation, Psychotherapy and Substance Abuse Treatment. We are working to add Prescriber services, Peer Support, and Wellness Management and Recovery/Recovery Support Services. Triquestrian also provides Service Facilitation services helping connect individuals with resources in the community. Our Service Facilitators will work directly with the individual to identify goals and develop plans that fit their needs to reach their goals.

Equine Assisted Psychotherapy and Equine Assisted Learning Services:

Triquestrian also provides Equine Assisted Psychotherapy and Equine Assisted Learning. Our mission is to provide the community with opportunities for growth and learning through connection and relationship building with horses.

We focus on Trauma Focused – Equine Assisted Psychotherapy (TF-EAP™) utilizing Natural Lifemanship. TF-EAP™ is based on the neuroscience of human and horse brain development, the impact of trauma, and the role of relationships in recovery and healing. It is principle based with a focus on assisting participants to create new neural pathways while learning regulation strategies in a trauma focused approach. TF-EAP™ Relationship Logic™ services focus on developing healthy relationship patterns by building a relationship with a horse focused on felt sense of safety, regulation, and connection for all. No riding is involved and no horse experience is required. Our TF-EAP™ Rhythmic Riding program focuses on helping participants deepen their sense of connection with themselves and their horse while experiencing somatosensory input through bottom up regulation thereby creating and strengthening neural pathways.

TRUE BELIEVERS, LLC

**8383 GREENWAY Boulevard
STE 600
MIDDLETON, WI 53562
*Wheelchair Accessible***

**2984 TRIVERTON PIKE DRIVE
STE 103
FITCHBURG, WI 53711**

**2976 TRIVERTON PIKE DRIVE
STE 207
FITCHBURG, WI 53711**

Telephone: (608) 826-7448

Fax: (608) 467-2435

Website:

Services Provided:

- * SERVICE FACILITATION (assessment/planning)
- * Individual and/or Family Psychoeducation
- * Individual Skill Development and Enhancement
- * Medication Management
- * Psychotherapy
- * Substance Abuse Treatment

Ages Served: 13 - 79

Service Location: Home, Office, Other Place of Service

Service Limitations:

Languages: Mandarin

State Certification: DHS 35 Certified

Service Description

True Believers, LLC is an agency that provides intensive case management and service facilitation to adults of all ages in Dane County. Our staff consists of licensed substance abuse and mental health providers with over 20 years experience providing case management and advocacy to consumers. We believe that our consumers have the right to be treated with the upmost dignity and respect in all aspects of their lives. Our belief system is meet people where they are and help them improve optimum living and well being. Our agency strives to meet our consumers hierarchy of needs by addressing issues that they face such as housing, lack of employment, no insurance, lack of support, legal problems, unresolved health concerns, and many more.

VENUS INSPIRES LLC

2976 TRIVERTON PIKE DRIVE STE 105 FITCHBURG, WI 53711	Telephone: (608) 287-8522 Fax: Website: www.venuswashington.com
Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Physical Health Monitoring * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description Coach, assist and encourage individuals and groups to taking action towards feeling empowered in their own bodies, through physical movement, meditation practices, mindset discipline training, mindful eating and behavior habit changes.	

WILD ROOTS HEALING COLLECTIVE

2917 INTERNATIONAL Lane STE 202 MADISON, WI 53704	Telephone: (608) 520-6207 Fax: (608) 646-7531 Website: www.rainbowmarifrog.com
Services Provided: * Individual and/or Family Psychoeducation * Psychotherapy	Ages Served: 4 - 54 Service Location: Office Service Limitations:
Service Description Rainbow Marifrog, MA, LMFT (she/her) provides effective therapy and psychoeducation to adults and youth. As an integral, somatic (body-oriented) therapist, Rainbow provides her clients with a safe, judgment-free space to process, heal, and integrate attachment injuries, traumas, and wounds that can occur throughout the lifespan. She is also gifted at supporting folks who are navigating life transitions, relationship issues, depression/anxiety and other mood disorders, obsessive compulsive disorder, low self-esteem, gender identity, divorce/blended families, sexual abuse/trauma, effects of oppression, women's issues, and addictions. Rainbow uses a strength-based, holistic, and trauma-informed approach and sees each client as unique and capable of growth and transformation. Her work is rooted in Humanistic, Psychodynamic, Feminist, Object Relations, developmental and attachment theories and social justice. With clients, Rainbow uses a tailored approach incorporating mindfulness, Internal Family Systems, exposure therapy, expressive arts, Solution-Focused, Cognitive Behavioral techniques and spiritual work, per client's request. Rainbow looks forward to connecting with you and seeing if we are a good fit. Rainbow identifies as a member of the LGBTQIA2SP+ community and is committed to being an ally to BIPOC populations and other marginalized groups.	

WILLIAMS CAREER PLACEMENT LLC

733 STRUCK Street UNIT 44073 MADISON, WI 53744 <i>Wheelchair Accessible</i>	Telephone: (608) 228-9342 Fax: Website:
Services Provided: * Employment-Related Skill Training * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Wellness Management and Recovery/Recovery Support Services	Ages Served: Birth - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description I am willing to work with any sex offender no matter of age, sex, & gender to find employment, housing, finding addiction treatment. I prefer to work with criminal offender population on probation & parolees, & will make referral to treatment programs. For referrals, please email me at: patricia@williams-career-placement.com	

WILLOW COUNSELING & THERAPEUTIC ART CENTER LLC

1137 N SHERMAN Avenue MADISON, WI 53704 <i>Wheelchair Accessible</i>	Telephone: (608) 957-2258 Fax: Website: www.willowcounselingandarts.com
Services Provided: <ul style="list-style-type: none"> * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support * Psychotherapy * Wellness Management and Recovery/Recovery Support Services 	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description <p>Willow Counseling and Therapeutic Arts Center is a unique provider of mental health psychotherapy and experiential, creative therapies. We provide therapies to be inclusive, trauma informed, culturally sensitive and LGBTQIA positive. We are wheelchair accessible. We are dedicated to providing accessible, traditional, as well as nontraditional mental health and therapeutic services. You will be with providers that specialize in treating the whole person. Willow was founded on the belief that we have everything within us to heal. We each have our own unique path to unleash our true potential while continuing to meet their other demands. We have assembled a multidisciplinary team to provide a broad range of traditional and innovative professional services.</p> <p>Willow providers will be providing trauma informed approaches to services, including therapy that incorporates art, yoga, music, and movement-based techniques, CBT, EMDR, DBT, TF-CBT, life coaching and other expressive art therapies. Willow is a unique provider of Coping Through the Creative Process (TM) Groups and workshops. Our providers will meet clients in our accessible offices, client home or another approved meeting place.</p>	

WINDING PATH PSYCHOTHERAPY, LLC

122 E Olin Avenue STE 220 Madison, WI 53713 <i>Wheelchair Accessible</i> 200 W. VERONA AVE VERONA, WI 53593	Telephone: (608) 490-5343 Fax: (608) 367-8365 Website: www.winding-path.com
Services Provided: <ul style="list-style-type: none">* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Medication Management* Psychotherapy* Substance Abuse Treatment* Wellness Management and Recovery/Recovery Support Services	Ages Served: 18 - 85+ Service Location: Office Service Limitations: AODA services are limited to level I/ outpatient services
Service Description <p>Winding Path Psychotherapy is a boutique mental health clinic that emphasizes cutting edge treatment. Our clinicians offer:</p> <ul style="list-style-type: none">• Body-centered/somatic psychotherapies• Ketamine Assisted Psychotherapy• Psychotherapeutic bodywork• Holistic Individual Skill Development• Holistic Medication Management• Traditional "Talk Therapy" with memory reconsolidation to anchor changes to clients' everyday life. <p>We emphasis quality vs. quantity. We are a boutique clinic in that we offer personalized, focused, customized attention. Clients at WPP can reach out to their providers directly instead of having to communicate through a receptionist. Our clinicians make their own schedules and therefore offer more flexibility in scheduling. We don't use protocols so we can attend to the mind, body and psychospiritual as dictated by each person's need.</p>	

WISCONSIN FAMILY MENTAL BALANCE LLC

555 D'ONOFRIO Drive STE 201 MADISON, WI 53719 <i>Wheelchair Accessible</i>	Telephone: (608) 820-1395 Fax: Website: www.wisconsinfamilymentalbalance.com
Services Provided: <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	Ages Served: 4 - 85+ Service Location: Office Service Limitations: Languages: Spanish, Turkish
Service Description <p>We provide a structured behavior modification plan. We help by modifying the environment in such a way that you have more incentive to follow the rules. "The altering of behavioral patterns through the use of such learning techniques as biofeedback and positive or negative reinforcement," according to the definition of behavior modification. Simply stated, you can use positive and negative consequences to influence your child's behavior.</p> <p>Group Sessions (FOCUS group, RETENTION group) We help educate people the tools and abilities they need to maintain their attention in a school environment and retain the lessons that were taught by the teacher</p>	

WISCONSIN FAMILY TIES, INC

16 N. CARROLL Street
STE 230
MADISON, WI 53703
Wheelchair Accessible

Telephone: (608) 267-6888
Fax: (608) 267-6800
Website: www.wifamilyties.org

Services Provided:

- * Individual and/or Family Psychoeducation
- * Individual Skill Development and Enhancement
- * Peer Support

Ages Served: 18 - 85+

Service Location: Home, Office, Other Place of Service

Service Limitations:

Service Description

To make a referral, please use our online referral form: <https://www.tfaforms.com/4925992>

YOUBLOOMCOUNSELING LLC

8383 GREENWAY Boulevard STE 600 MIDDLETON, WI 53562 <i>Wheelchair Accessible</i>	Telephone: (608) 416-9415 Fax: Website:
Services Provided: * Diagnostic Evaluations * Psychotherapy	Ages Served: 18 - 85+ Service Location: Home, Other Place of Service Service Limitations: Restrictions on the type of population are: patients currently in a domestic situation that puts patient in harm or causes barriers to therapy; individuals who present with high autism and ADHD; as well as cognitive-development disabilities- all and relating to. Languages: Spanish
Service Description When we are provided with the right amount of love, water, sun-light, and space to grow, we will flourish and bloom. We are all allowed to take up space, to exist, and to be us. Through YouBloomCounseling, patients will find the space they need to reflect and get to know self. YouBloomCounseling is a humanistic thriving place where the experiences of the patient are always valued and learned from. Main approaches and applications are Internal Family Systems, Narrative Therapy, choice and reality therapy, Gestalt Therapy, and extensive use of multi-cultural counseling. Therapist provides both English and Spanish speaking services. As well as techniques like EMDR and transpersonal hypnotherapy. All clients are welcomed and encouraged to bloom.	