

Dane County Comprehensive Community Services

Adult SF Directory

Revised 3/18/2025

Please remember to verify your provider is in-network at the facility and date of your appointment

ANESIS CENTER FOR MARRIAGE AND FAMILY THERAPY LLC

815 FORWARD Drive
MADISON, WI 53711
Wheelchair Accessible

2701 INTERNATIONAL Lane
STE 210
MADISON, WI 53704-3126

Telephone: (608) 268-6530

Fax: (608) 709-1744

Website: <http://anesistherapycenter.com/>

Services Provided:

- * SERVICE FACILITATION (assessment/planning)
- * Diagnostic Evaluations
- * Employment-Related Skill Training
- * Individual and/or Family Psychoeducation
- * Individual Skill Development and Enhancement
- * Medication Management
- * Peer Support
- * Physical Health Monitoring
- * Psychotherapy
- * Substance Abuse Treatment
- * Wellness Management and Recovery/Recovery Support Services

Ages Served:

Birth - 84

Service Location:

Home, Office, Other Place of Service

Service Limitations:

We do not specialize in treatment for autism or developmental disabilities

Languages:

Albanian, French, Hmong, Spanish, Turkish

Service Description

Located in the heart of the Madison community, Anesis Therapy stands out for its commitment to providing mental health services that deeply support structural inclusivity. Our multidisciplinary team of therapists possesses a wealth of life and clinical experiences, insight, and community expertise, which contribute to fostering empathy and understanding throughout every facet of our practice.

At Anesis Therapy, warmth, positive regard, deep therapeutic connections, and representation serve as the foundation of our services. We champion the power of individual stories and create a safe space for sharing them, sparking the healing process.

As systems therapists and mental health professionals, we address problems by considering the social, political, and cultural storylines that shape our self-perceptions and personal narratives. Our approach extends to family therapy, where we strive to transform the family system instead of solely focusing on specific members.

Our expertise encompasses a wide range of therapies and interventions, including:

- Trauma-focused Cognitive Behavioral Therapy for youth
- Brainspotting
- Substance abuse counseling
- Child Parent Psychotherapy
- EMDR
- ACT Parenting
- Cultural and linguistic specific services for racially and diverse family structures

Emphasizing client participation in the therapeutic process, we recognize that individuals are our most valuable resource for resolving inner and circumstantial conflicts. Our philosophy centers on the idea that the person is not the problem, the problem is the problem.

Anesis Therapy's mission is to guide people through mental health and wellness aspects of life in a way that honors culture, family, community, and faith.

To learn more, please visit our website at www.anesistherapycenter.com

CARING CONNECTION LLC

404 DECLARK Street BEAVER DAM, WI 53916	Telephone: (608) 400-9070 Fax: Website:
Services Provided: <ul style="list-style-type: none">* SERVICE FACILITATION (assessment/planning)* Diagnostic Evaluations* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Medication Management* Physical Health Monitoring* Psychotherapy	Ages Served: 22 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description <p>Welcome to Caring Connection, your trusted partner on the journey to mental and emotional wellbeing. At Caring Connection, we understand that life's challenges can sometimes become overwhelming, affecting our mental health and overall quality of life. That's why we're here – to provide compassionate support, evidence-based therapies, and a safe space for individuals seeking to improve their mental well-being.</p> <p>Our agency is staffed with a team of CCS certified and experienced mental health professionals who are dedicated to helping you navigate the complexities of your mental health and how it impacts your life. We offer a range of services tailored to meet your unique needs.</p> <p>Caring Connection operates with the utmost respect for your privacy and confidentiality. We strive to create a non-judgmental and inclusive environment where everyone is welcome, regardless of background, identity, or circumstance. Your mental health journey is unique, and we're here to walk alongside you, offering guidance, tools, and support every step of the way. Contact us today to take the first step towards a healthier and happier you. Remember, seeking help is a sign of strength, and you don't have to face life's challenges alone.</p>	

CATALYST FOR CHANGE, INC

2617 EAST WASHINGTON Avenue MADISON, WI 53704 2901 INTERNATIONAL Lane STE 100 MADISON, WI 53704	Telephone: (608) 335-2872 Fax: (608) 480-8070 Website: www.catalystforchangeinc.org
Services Provided: <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Spanish
Service Description Catalyst for Change is a non-profit organization founded in 2019 to address gaps in homeless services. Our team is dedicated to supporting and empowering individuals experiencing homelessness and housing insecurity in our community. We create meaningful connections by offering street outreach, trauma-informed clinical interventions, and harm reduction services. We provide wrap-around, intensive case management, substance abuse treatment, and psychoeducation to our CCS participants. Our mission is to impact the community by offering quality compassionate services that promote the upliftment and humanity of the most vulnerable members of society. Our vision is to eliminate human suffering.	

CAYA CLINIC, INC.

4785 Hayes Road STE 200 Madison, WI 53704 <i>Wheelchair Accessible</i>	Telephone: (608) 844-8473 Fax: (608) 400-8422 Website: www.cayaclinic.org
Services Provided: <ul style="list-style-type: none">* SERVICE FACILITATION (assessment/planning)* Diagnostic Evaluations* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Peer Support* Psychotherapy* Substance Abuse Treatment* Wellness Management and Recovery/Recovery Support Services	Ages Served: 13 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description <p>We provide harm reduction psychotherapy through individual and group sessions to people in Wisconsin. Our approaches include but are not limited to: ACT, EFT, Prolonged Exposure, Solution-focused Brief Therapy, Motivational Interviewing, Positive Psychology, Dialectical Behavioral Therapy, Cognitive Behavioral Therapy, The Flash Technique, EMDR, NDIT, and The Sinclair Method. We do not require abstinence to receive counseling for substance use moderation, mental health, and trauma therapy. We provide harm reduction supplies to all clients. We have therapists that specialize in the area of treating eating disorders.</p>	

COMMUNITY COUNSELING CENTER OF MADISON WI INC

6629 UNIVERSITY Avenue STE 209 MIDDLETON, WI 53562	Telephone: (608) 833-5880 Fax: (608) 829-3787 Website: www.communitycounselingmadison.org
Services Provided: <ul style="list-style-type: none">* SERVICE FACILITATION (assessment/planning)* Diagnostic Evaluations* Employment-Related Skill Training* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Physical Health Monitoring* Psychotherapy* Wellness Management and Recovery/Recovery Support Services	Ages Served: 13 - 74 Service Location: Home, Office, Other Place of Service Service Limitations: Our office is located on the 2nd floor and there is no elevator, so clients must be able to navigate stairs. Languages: American Sign Language, Bulgarian, Macedonian, Russian, Serbian State Certification: DHS 35 Certified
Service Description <p>The Community Counseling Center of Madison, Wisconsin, Inc. provides professional counseling by trained and skilled social workers, counselors, and licensed psychologists. The clinic is licensed by the State of Wisconsin (as an outpatient mental health clinic) and has been serving the community since 1975.</p> <p>Our therapeutic services include: individual therapy, group therapy, family therapy, couples therapy, marriage therapy, sex therapy, and play therapy. We specialize in treating eating disorders, AODA, learning disabilities, and trauma.</p>	

COMMUNITY LIVING ALLIANCE, INC.

1414 MacArthur Road Madison, WI 53714 <i>Wheelchair Accessible</i>	Telephone: (608) 242-8335 Fax: (608) 240-7060 Website: www.clanet.org
Services Provided: <ul style="list-style-type: none">* SERVICE FACILITATION (assessment/planning)* Employment-Related Skill Training* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Medication Management* Physical Health Monitoring* Psychotherapy* Wellness Management and Recovery/Recovery Support Services	Ages Served: 18 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: We do not serve individuals with a primary diagnosis of Substance Abuse. Languages: Spanish
Service Description <p>CLA is a local, non-profit, trauma-informed, community based organization. For over thirty (30) years CLA has been a trusted provider in Dane County and has designed and provided innovative programs and services that support the independent living needs of all people with disabilities and older adults.</p> <p>CLA has rich history in supporting individuals with all disabilities and those who have chronic health and pain conditions. These conditions often produce anxiety or depression and other symptoms which may challenge interpersonal relationships and limit one's ability to live a meaningful life. We partner with individuals to gain insight through education to effectively manage their symptoms and uncover barriers to achieve their recovery goals.</p> <p>The core values of our organization embraces the central tenets of the independent living philosophy. We believe that people should have a choice in the services that they receive and must be at the center of all treatment planning and goal identification.</p> <p>CLA as a trauma informed care organization embraces the principles of trauma based care and has a rich understanding and respect for an individual's journey towards health and wellbeing. We recognize the impact of social isolation and see great value in promoting opportunities for community connections and healthy interpersonal relationships.</p>	

DAY ONE MENTAL HEALTH SERVICES LLC

1955 W. BROADWAY MONONA, WI 53713 <i>Wheelchair Accessible</i>	Telephone: (608) 895-2716 Fax: Website:
Services Provided: <ul style="list-style-type: none">* SERVICE FACILITATION (assessment/planning)* Diagnostic Evaluations* Employment-Related Skill Training* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Medication Management* Physical Health Monitoring* Psychotherapy* Substance Abuse Treatment* Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 69 Service Location: Home, Office, Other Place of Service Service Limitations: Diagnostic Evaluations are the only service offered to youth. All other services are adult only.
Service Description <p>Day One Mental Health Services provides a wide array of mental health services. When working with us, expect superior community-based mental health services on Day One.</p> <p>Diagnostic Evaluations are the only service offered to youth. All other services are adult only.</p>	

FORWARD LEARNING YOUTH AND YOUNG ADULTS INC.

199 E BADGER Road STE 200 MADISON, WI 53713 <i>Wheelchair Accessible</i>	Telephone: (608) 819-6390 Fax: (608) 807-5167 Website: www.flyy.org
Services Provided: * SERVICE FACILITATION (assessment/planning) * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support * Psychotherapy	Ages Served: 4 - 49 Service Location: Home, Office, Other Place of Service Service Limitations: We are not able to serve clients with serious violent sexual charges, actively psychotic, or in need of detox services.
Service Description FLYY is a community-based nonprofit serving youth, young adults and their parents or caregivers throughout Dane County. Typical participants are between ages 6 - 35, and parents or caregivers of any age. FL YY offers modern, recovery-based modalities and relationship-based supportive services in partnership with Dane County Comprehensive Community Services (CCS). FLYY also provides supportive services for LGBTQ+-identified individuals, including gender and sexual identity affirming services through a trauma-informed lens. All services are designed to help strengthen the client's family and support system and are tailored to the unique needs of each participant. In order to promote maximum therapeutic growth, sessions often happen in a non-office setting. Staff utilize the non-traditional environment of the session as a tool for success, integration, and to facilitate the growth process. A typical session might be held outdoors to allow not only for verbal processing, experiential modeling, and teaching, but also for healing of the spirit. Other sessions may take place in home, at a coffee shop, a library, or at FL YY's office. FLYY offers the following services: <ul style="list-style-type: none"> • Individual Therapy/Psychoeducation • Individual Skill Development • Parent Psychoeducation • Service Facilitation 	

GRAND JOURNEY, LLC

1320 MENDOTA Street STE 106 MADISON, WI 53714 <i>Wheelchair Accessible</i>	Telephone: (608) 301-7413 Fax: (608) 286-1385 Website: www.grandjourneyllc.com
Services Provided: * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support * Psychotherapy	Ages Served: Birth - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Hmong, Khmer, Laotian, Mandarin, Spanish, Thai
Service Description Grand Journey provides a space in which families and individuals can feel safe to express and share experiences to increase their understanding and the ability to live successfully within the broader cultural context while receiving support and treatment for mental health issues. Grand Journey was established to bring diverse and competent mental health care in Dane County. Grand Journey staff is comprised of racially, culturally, and linguistically diverse background. Our staff bring life and clinical experience, insight, and community knowledge that deeply supports structural inclusivity within all aspects of our reach. Our goal is to work in partnership with health/social care and other agencies to provide treatment, care and support individuals. Furthermore, we provide early intervention services, promote recovery and wellness for persons with mental illness, and eliminate disparities in mental health care across socioeconomic and racial/ethnic groups.	

GREYLEY WELLNESS LLC

2010 EASTWOOD Drive STE 300 MADISON, WI 53704	Telephone: (608) 509-9287 Fax: (608) 630-8089 Website: www.greyleywellness.com
Services Provided: * SERVICE FACILITATION (assessment/planning) * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 79 Service Location: Home, Office, Other Place of Service Service Limitations: State Certification: DHS 35 Certified
Service Description At Greyley Wellness, we are committed to helping our clients find intention and life in the middle - the grey space that's full of possibilities. We offer a variety of mental health services to help you on your journey. Our team is dedicated to providing you with the highest quality of care, customized to your individual needs. We believe that everyone deserves to live a fulfilling life, all are worthy of finding mental wellness and we're here to help you achieve that. In addition to service facilitation, Greyley Wellness psychotherapists specialize in Eye Movement Desensitization and Reprocessing (EMDR), Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT) and Trauma Focused-Cognitive Behavioral Therapy (TF-CBT). Greyley Wellness also offers a variety of groups throughout the year. We meet with clients in office, in the community and via telehealth.	

HEALTHYMINDS LLC

2909 LANDMARK PLACE STE 210 MADISON, WI 53713	Telephone: (855) 458-4966 Fax: (855) 458-4966 Website: www.healthymindsllc.com
Services Provided: * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: French, Hmong, Spanish
Service Description Service Description: HealthyMinds is a culturally affirming outpatient mental health clinic who base our success on our client's long-term good health. We have extensive experience with the LGBTQ population and specific experience working with gender transitioning individuals. We believe in personalized care based on client's mental health concerns and offer a wide array of psychosocial rehabilitation services to clients across the lifespan who have needs for ongoing, high or low-intensity services resulting from mental health or substance use disorders. The services and supportive activities we provide to CCS clients with mental health and/or substance use conditions allow them to achieve their highest possible level of independent functioning, stability, independence, and to facilitate recovery. Specializations: Behavioral Health, Individual Psychotherapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Interpersonal Therapy (ITP), Acceptance and Commitment Therapy (ACT), Group Psychotherapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Acceptance and Commitment Therapy (ACT), Addiction (Substance Use Disorder), Supporting parents and children through the facilitation of Nurtured Heart Approach® groups and home visits, Marriage and Family Therapy, Trauma Informed Therapy, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Acute Trauma Intervention Protocols (ATIP), Eye Movement Desensitization and Reprocessing (EMDR), Child and Adolescent mental Health, Mental Health Counseling, Psychological First Aid, Critical Incident Stress Management, Eye Movement Desensitization and Reprocessing (EMDR). Conditions Treated: Trauma, Crisis, Suicide Prevention, Substance Abuse, Victim Assistance, Sexual Abuse, Anxiety, Depression, Grief and Loss, Sports Psychology, Eating Disorders, Financial Discords, Life Transitions, Gender Transitioning.	

HOPE INSPIRED LLC

5944 SEMINOLE CENTRE Court STE 120 FITCHBURG, WI 53711	Telephone: (844) 467-3467 Fax: (844) 502-1200 Website: www.HopeInspiredWI.com
Services Provided: * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Russian
Service Description Hope Inspired is a Service Facilitation and Array services agency that specializes in services to people ages 3 and up who have experienced complex trauma and have substance use and/or mental health concerns. Staff have specialized training and experience in trauma treatment. We have staff experienced in working with children, adolescents, and transitional age youth (18-21) who are looking for ways to increase their independence as young adults. We utilize a trauma-informed family systems approach as well as a person-in-environment approach with clients, where we recognize that there are many factors that contribute to child/adolescent/adult mental health/substance use concerns. We are experienced in working with school districts regarding best opportunities for success with struggling students. We work closely with community housing and employment agencies, the medical community, and other community resources. Additionally, staff is experienced in working with the criminal justice system and population, and provides emotionally safe, non-judgmental services for all clients, including advocacy in the court system. At Hope Inspired, we believe unconditionally in people's strength, resourcefulness, and possibility. We work with compassion, integrity, and warmth with the aim that our clients leave our time together with a deeper feeling of purpose, understanding, and empowerment to live life under their terms and with a sense of peace. The strengths that we see in people give us hope. The intention of our work is to help clients find where their hope comes from, because with hope, anything is possible. We combine best practices to fit the needs of our clients, and we collaborate with other CCS agencies to ensure our clients have the complete care and team they need to reach their goals.	

INSIGHT COUNSELING & WELLNESS, LLC

**1943 WINNEBAGO ST.
MADISON, WI 53704
*Wheelchair Accessible***

**324 S. MAIN STREET
VERONA, WI 53593
*Wheelchair Accessible***

**121 S BRISTOL Street
STE 102
SUN PRAIRIE, WI 53590
*Wheelchair Accessible***

Telephone: (608) 244-4859
Fax: (608) 244-6809
Website: www.insightmadison.com

Services Provided:

- * SERVICE FACILITATION (assessment/planning)
- * Diagnostic Evaluations
- * Individual and/or Family Psychoeducation
- * Individual Skill Development and Enhancement
- * Psychotherapy
- * Wellness Management and Recovery/Recovery Support Services

Ages Served: Birth - 84
Service Location: Home, Office, Other Place of Service
Service Limitations:
Languages: Hmong, Spanish
State Certification: DHS 35 Certified

Service Description

At Insight, we offer holistic interventions, which means that we consider wellness of each person's mind, body and spirit. We offer individualized attention and cater our services to the unique needs of each person. We are skilled in employing body-centered therapies when appropriate, such as dance/movement therapy, somatic-expressive therapy and yoga therapy. We offer a rotating schedule of skills and psychotherapy groups utilizing yoga, expressive arts and other body-centered interventions. We are also versed in mindfulness meditation and EMDR (eye movement desensitization and reprocessing). Our therapists are master's and doctoral-level professionals in counseling, social work or marriage and family therapy.

JOURNEY MENTAL HEALTH CENTER

<p>802 E GORHAM Street MADISON, WI 53703</p> <p>25 KESSEL Court STE 105 MADISON, WI 53711 <i>Wheelchair Accessible</i></p> <p>49 KESSEL Court MADISON, WI 53711</p>	<p>Telephone: (608) 280-2700</p> <p>Fax: (608) 280-2707</p> <p>Website: www.journeymhc.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	<p>Ages Served: Birth - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: We do not service individuals with advanced dementia. We work with many consumers who are registered on the Wisconsin Sexual Offender Registry but we do not provide sexual offender treatment.</p> <p>Languages: French, German, Hmong, Spanish</p> <p>State Certification: DHS 75.50 Certified</p>
<p>Service Description</p> <p>At Journey Mental Health Center, CCS providers are able to provide all of the services on the array to consumers through their lifespan (child, adolescent and young, middle and older adults) in multiple programs. We work with individuals, their family members, CCS providers, and others that the person identifies as important in their recovery to support consumers in a holistic manner. These programs include:</p> <ul style="list-style-type: none"> • Growth Recovery Outreach Wellness (GROW), an intensive case management program at Journey, offering service facilitation including supportive counseling, advocacy, vocational/educational supports, support around primary health care, and coordination of benefits. GROW provides CCS services in both clinic-based and community-based settings. GROW also includes our First Episode Psychosis specific program, Promoting Recovery from Onset of Psychosis (PROPs). • Yahara House (YH), a Clubhouse Model of mental health services, offers adults a path to recovery through relationships and work. YH members and staff work side by side building relationships with peers while learning important job skills. Service facilitation includes supportive counseling, member run self-help groups, supported employment, and transitional work experiences. • Journey's Outpatient Services offers an array of treatment modalities for psychotherapy in both group and individual settings, including: Cognitive Behavioral Therapy, Eye Movement Desensitization and Reprocessing, Seeking Safety, Dialectical Behavior Therapy Groups, Adults and Children Together, Child Parent Psychotherapy, Trauma Focused CBT, substance use treatment, and specialized treatment for trauma. This program also offers psychiatry/medication management. Psychotherapy and psychiatry is only available for consumers also receiving service facilitation at Journey. 	

KEEPING FAMILIES TOGETHER LLC

425 W MAIN Street STE 101 SUN PRAIRIE, WI 53590 <i>Wheelchair Accessible</i>	Telephone: (608) 318-1496 Fax: (608) 318-1496 Website: www.keepingfamiliesaltogetherinc.com
Services Provided: <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment 	Ages Served: 4 - 64 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description <p>Keeping Families Together, LLC provides a approach to dealing with individuals and/or families who suffer, from mental illness and/or dually diagnosed disorders. We believe in a holistic approach that addresses the consumers immediate needs and underlying problems. We welcome all individuals regardless of their race, gender, sexual orientation, and/or religious beliefs. Our mission is to enhance the dignity and quality of life of individuals from all walks of life by strengthening families and helping to eliminate barriers to opportunity. We believe that a true continuum of care includes treatment services, intervention services as well as preventive and educational services. Our staff consist of license substance professionals and mental health providers with over 20 years of experience working with vulnerable populations. We specialize with reducing the rates of recidivism amongst individuals who has been involved with the criminal justice system.</p>	

LUTHERAN SOCIAL SERVICES - Service Facilitation & Outpatient CCS

1904 WINNEBAGO STREET MADISON, WI 53704 <i>Wheelchair Accessible</i>	Telephone: (608) 434-2646 Fax: (833) 645-0903 Website: www.lsswis.org
Services Provided: * SERVICE FACILITATION (assessment/planning) * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support * Psychotherapy * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: State Certification: DHS 75.50 Certified
Service Description The Service Facilitators within Lutheran Social Services provides community-based care coordination services to individuals with high level needs across multiple environments. This staff will provide assessment services, including an in-depth mental health and substance use assessment identifying consumer strengths and needs; works with the consumer/family to identify goals; and facilitates monthly team meetings. The service facilitator ensures the recovery plan and service delivery for consumers is coordinated, monitored and designed to support the consumer in a manner that helps them achieve the highest level of independent functioning. Lutheran Social Services also provides psychotherapy services through our community-based service array. We utilize evidence-based practices to create an individualized approach to meeting a consumer's mental health and substance abuse needs.	

MANIFEST WELLNESS, LLC

2010 EASTWOOD Drive STE 104 MADISON, WI 53704 <i>Wheelchair Accessible</i>	Telephone: (608) 291-3676 Fax: (608) 716-3156 Website:
Services Provided: * SERVICE FACILITATION (assessment/planning) * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Hmong, Spanish
Service Description The providers at Manifest Wellness strive to be good team members who use solution focused, client-centered approaches to Wellness Support and Recovery Planning. Our goal is to assist consumers in exploring, clarifying, and achieving their personalized goals as they endeavor to improve their overall life satisfaction. Services provided by Manifest Wellness shall include: Service Facilitation (including Service Planning and Screening & Assessment), Individual Skill Development and Enhancement, Individual and Family Psychoeducation, Substance Abuse Treatment, Psychotherapy, and Wellness Management and Recovery/Recovery Support Services.	

2814 SYENE ROAD MADISON, WI 53713 <i>Wheelchair Accessible</i>	Telephone: (608) 405-5889 Fax: Website:
Services Provided: <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Psychotherapy * Wellness Management and Recovery/Recovery Support Services 	Ages Served: 18 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Neu K services are bilingual and culturally appropriate, designed to make mental health services accessible and acceptable to Southeast Asian individuals and families in Dane County. The programs offer services in both traditional and nontraditional settings that reflect the cultural values, traditions, and beliefs of Hmong, Lao, and Khmer people. Languages: Hmong, Laotian, Thai
Service Description <p>Services are based on wrap-around and holistic models. This program also works with natural healers such as shaman, spiritual, and other tradition healing methods appropriate to the needs of the population and clients.</p> <p>Neu K LLC provides socialization and psychosocial and psychiatric treatment and support so participants can continue to live with their families. It does this in a way that creates harmony between western views on medicine and mental health and traditional Southeast Asian cultures.</p> <p>Specific needs addressed include outreach, transportation, culture brokering with health and human service agencies, mental health services and case management, medical attention, and socialization opportunities. Effective services to this population require an understanding of Southeast Asian cultures and respectful attention to the cultural aspects of service and treatment options.</p> <p>Services provided include cultural brokering, clinical/mental health case management, transportation, psychosocial group support, psychiatric evaluations and medication reviews, psychotherapy, group therapy, individual and family counseling, translation, daily noon meals, field trips, citizenship/English classes, and social advocacy.</p>	

OPEN DOOR CENTER FOR CHANGE LLC

6502 GRAND TETON Plaza STE 102 MADISON, WI 53719-1047 <i>Wheelchair Accessible</i>	Telephone: (608) 827-7220 Fax: (608) 827-7223 Website: www.opendoorcfc.com
2820 WALTON COMMONS STE 128 MADISON, WI 53718	
Services Provided: * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy	Ages Served: 4 - 84 Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Spanish
Service Description Open Door Center for Change is a full-service outpatient mental health clinic that provides a range of services to people throughout the lifespan. Our clinicians have a wide variety of training and specializations including Neurofeedback, TRE, EMDR, and DBT. All of our clinicians work from a trauma-informed and client centered perspective. We provide a full service dialectical behavior therapy program to individuals as young as 13 years of age. The program includes: weekly skills training group (core mindfulness, interpersonal effectiveness, emotion regulation, and distress tolerance skills), weekly individual therapy, daily diary cards, 24/7 phone coaching and parent/caregiver involvement. This evidence based treatment serves clients who have demonstrated difficulty managing emotions, impulsive behaviors and suicidal thoughts. Bilingual (Spanish/English) psychotherapy is available. Service Facilitation is available for Adolescents and Adults.	

313 PRICE Place STE 104 MADISON, WI 53705 <i>Wheelchair Accessible</i>	Telephone: (608) 886-9373 Fax: (608) 440-2846 Website: www.orchestrax.org
Services Provided: * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Spanish
Service Description <p>Orchestra X offers a wide array of client-centered solution-focused recovery wellness services. Our highly experienced providers work with youth, families, and adults including the elderly population. We at OX believe that the essence of healing starts with utilizing a person's inherent strength and innate creativity and talent.</p> <p>We will work with you in your mental health/substance use recovery journey. With respect, care, and joining through active listening, empathy, and humor we will honor your path and will be honored to be a part of your journey.</p> <p>We believe that community is a powerful part of recovery. We can work with you in the community, or wherever is best for you. Services we provide include Strength Based psychotherapy approaches including Narrative Therapy, Cognitive Behavioral Therapy (CBT) and Solutions Focused Therapy. Orchestra X Providers are trained in several modalities of Trauma Recovery.</p> <p>Many of our Providers are Certified Substance Abuse Counselors and recovery from addiction is foundational to our Recovery Mission at Orchestra X. You will receive care through all stages of Substance Use Recovery in a supportive caring therapeutic environment.</p> <p>We provide a wide range of skills-based development services with specializations in housing, education, medication management and physical health monitoring. In partnership with Chrysalis, we provide cutting- edge employment services. We also provide Service Facilitation, individual and family psychoeducation, as well as Peer Support Services.</p> <p>At Orchestra X we commit to meeting and engaging you where you are. We will walk alongside you to achieve your goals, realize your dreams, and become your best.</p>	

ORION FAMILY SERVICES

<p>4726 E. TOWNE BLVD. MADISON, WI 53704 <i>Wheelchair Accessible</i></p> <p>26 SCHROEDER CT. STE 210 MADISON, WI 53711</p>	<p>Telephone: (608) 270-2511 Fax: (608) 270-0467 Website: www.orionfamilyservices.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy 	<p>Ages Served: Birth - 21</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: We would be unwilling to serve consumers who present a safety threat to Orion Staff</p>
<p>Service Description</p> <p>Orion Family Services is a private, nonprofit organization which serves children, adolescents and families throughout Wisconsin. Orion's programs are dedicated to providing compassionate treatment services to troubled children and their families. Services include outpatient and in-home individual and family therapy to children, adolescents and families as well as a range of other critical outreach services, such as Service Facilitation and Individual Skills Development.</p> <p>The Orion Intensive In-Home Family Therapy Program is designed for treatment of children and adolescents experiencing severe emotional, behavioral, and social difficulties within their home, school or community. Including families in treatment when working with children and adolescents is an approach that improves individual and family functioning. Although the identified client is the child or adolescent, the program's focus includes treatment that supports the family in resolving their difficulties. The philosophy of the program is that everyone in the family is responsible, but no one is to blame. Treatment emphasis is placed up on enhancing family strengths and supporting positive changes in the family system, in order to improve the overall functioning of the child. Therapists work with families to increase family cohesion and effective communication, and to create a supportive family environment where negative behaviors are reduced and positive behaviors increased. Parenting skills education is incorporated in treatment in either a formal curriculum-based approach (through out Parent Skill-Building Program) or informally as needed. For families impacted by trauma, we help healing occur through the use of trauma-informed treatment approaches such as Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT). Orion has clinicians that have obtained advanced training in the utilization of this evidence-based and highly effective model for resolving trauma and reducing resultant emotional, behavioral, and interpersonal issues.</p>	

OUR GENERATIONS INC

1955 W. BROADWAY STE 104 MADISON, WI 53713	Telephone: (608) 217-2650 Fax: (608) 405-5107 Website: www.generationstherapy.org
Services Provided: <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Gujarati State Certification: DHS 35 Certified
Service Description <p>We are honored to be providing services to individual adults and children, as well as families. Skilled professionals are trained and licensed to provide marriage and family therapy, substance abuse recovery support, and therapy for mental health concerns such as anxiety, depression, ADHD/ADD, bipolar disorder and trauma and not limited to these. We are an outpatient mental health clinic that offers culturally specific services for communities of color where they can feel safe, be heard, and seen.</p> <p>Our specialties include:</p> <ul style="list-style-type: none"> - Psychotherapy - Individual skill development - Psychoeducation - Group therapy 	

RADIANT MINDS BEHAVIORAL HEALTH SERVICES, LLC

1410 GREENWAY Cross STE 102 MADISON, WI 53713	Telephone: (608) 217-0438 Fax: Website:
Services Provided: * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual Skill Development and Enhancement * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description At Radiant Minds Behavioral Health Services, LLC, we offer a comprehensive range of client-centered services designed to support individuals in achieving their goals and improving their overall well-being. Our services include: 1. Screening and Assessment: Includes conducting thorough assessments to understand each individual's unique needs, strengths, and challenges. This helps us tailor our services to their specific requirements. 2. Service Planning: Based on the assessment results, we develop personalized service plans that outline the goals, strategies, and resources needed to support our clients on their journey to success. 3. Service Facilitation: Our team will coordinate and connect clients with the appropriate services, resources, and support, ensuring a seamless and efficient process. 4. Individual Skill Development and Enhancement: Our agency offers skill-building programs and workshops that empower clients to acquire and refine essential life skills, enhancing their self-sufficiency and independence. 5. Employment-Related Skill Training: Our agency provides specialized training to help clients develop the skills and knowledge needed to succeed in the workforce. This includes resume building, interview preparation, job search strategies, and more. Our commitment is to assist individuals in reaching their full potential, promoting self-determination, and fostering a sense of empowerment in the pursuit of their life goals	

RCC Wellness and Support Services

2801 COHO Street STE 301 MADISON, WI 53713 <i>Wheelchair Accessible</i>	Telephone: (608) 251-5126 Fax: (608) 251-6229 Website: https://thercc.org/
Services Provided: <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: The RCC provides services to survivors (4 years and older, their family members, and support network) of primary and secondary trauma. RCC does not work with perpetrators of trauma. Languages: Hmong
Service Description <p>RCC Wellness & Support Services takes a comprehensive cultural, biopsychosocial approach in caring for the whole person. We provide trauma informed and trauma responsive services to anyone who has experienced primary and/or secondary trauma, their family members, and/or their support network. RCC Wellness & Support Services provides services for children (4 years and older), adolescents and adults. We believe in compassionate care using evidence-based practices and a systems approach. RCC Wellness & Support Services works to empower those impacted by trauma to develop their own recovery goals and be a partner in the service facilitation and therapy process through a collaborative approach. We provide service facilitation in Hmong and English. Our Bilingual/Bicultural Hmong Service Facilitator has earned Parent Coaching and Infant Early Childhood Family Mental Health Capstone Certificates. We use interventions such as Trauma Focused Cognitive Behavioral Therapy (TFCBT), Substance Use Counseling, Dialectical Behavior Therapy (DBT), and Motivational Interviewing. RCC Wellness & Support Services does not work with perpetrators of trauma.</p>	

RISE WISCONSIN, INC.

2120 FORDEM Avenue MADISON, WI 54704	Telephone: (608) 250-6634 Fax: (608) 250-6637 Website: www.risewisconsin.org
Services Provided: <ul style="list-style-type: none">* SERVICE FACILITATION (assessment/planning)* Diagnostic Evaluations* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Psychotherapy	Ages Served: 4 - 49 Service Location: Home, Office, Other Place of Service Service Limitations: We do not currently have a psychiatrist on site, but we are well connected to psychiatrists in the community and are prepared to help link you with this service. Languages: Spanish
Service Description <p>At RISE, we specialize in transitions of all kinds, because change can be hard. We know that feeling overwhelmed and stressed can get in the way of living the life you want. We are here to support you in identifying and learning new skills. Youth, young adults and families are served with care, cultural sensitivity and compassion.</p> <p>We walk with you in building your hopes and dreams, grounded in mental health and substance use recovery. You decide what services will help you reach your goals, and we will get you connected. You have many kinds of support to choose from. We are flexible and will meet you where it works best for you, and we provide a variety of services tailored to your wellness goals.</p> <p>With our service facilitation at RISE, you can access Individual Skills Development (ISD), as well as individual and family psychoeducation. Through our team's partnership with Chrysalis and the Department of Vocational Rehabilitation (DVR), we offer state-of-the-art employment support to help you reach your goals. Finding a therapist, securing stable housing, getting connected to a doctor, finding the right support at school, and figuring out benefits (SSDI, Section-8, food assistance) can all happen while you are with us.</p> <p>RISE values lived experience and your individual voice and choice in your own recovery journey.</p> <p>We look forward to meeting you!</p>	

SOAR CASE MANAGEMENT SERVICES, INC

**4513 MILWAUKEE STREET
MADISON, WI 53714
*Wheelchair Accessible***

Telephone: (608) 287-0839
Fax: (608) 287-0840
Website: www.soarcms.org

Services Provided:

- * SERVICE FACILITATION (assessment/planning)
- * Diagnostic Evaluations
- * Individual and/or Family Psychoeducation
- * Individual Skill Development and Enhancement
- * Medication Management
- * Peer Support
- * Physical Health Monitoring
- * Psychotherapy
- * Wellness Management and Recovery/Recovery Support Services

Ages Served: 18 - 85+

Service Location: Home, Office, Other Place of Service

Service Limitations: SOAR only provides substance abuse treatment to clients who are dually diagnosed with a mental health disorder.

State Certification: DHS 35 Certified

Service Description

SOAR Case Management, Inc. is a consumer operated non-profit, recovery based provider of community mental health services. SOAR was founded in 1997 on the belief that mental health consumers can and will recover if they are given the tools to become self-sufficient and follow their hopes and dreams. SOAR's mission is to assist consumers in developing their capabilities, talents, and aspirations in a culturally responsive, trauma-informed, and recovery oriented manner. SOAR's approach to case management has always put a strong emphasis on peer support as a primary component of the service delivery continuum. Currently the majority of SOAR's staff identify as mental health consumers. Furthermore, 100% of SOAR's Board of Directors identify as mental health consumers. This in-depth understanding of the mental health and substance use systems, both from a consumer and clinician stance, ensures that consumers at SOAR remain the drivers of their own treatment and recovery.

SOAR Programs:

Case Management: At its core, SOAR's Service Facilitation services rely on the principles of self-determination, autonomy, empowerment, respect, and collaboration to tailor individualized community based treatment for adults living with mental health and substance use issues. Our solution-focused, holistic approach to case management puts consumers first and understands that each person is the "expert" of their own experience. Our case managers seek to understand the unique life experiences, successes, and challenges of each consumer and work in a culturally responsive, trauma informed manner with consumers on their recovery journey. Service Facilitators work to coordinate and provide a wide array of office and community based services including:

- Housing Support/Assistance
- Crisis Management
- SSA Benefit Management
- Psychiatry Referral/Coordination
- Physical/Dental Health Needs
- Individual and Group Therapy/Counseling Services
- Medication Management
- Peer Support Services
- Daily Living Skills
- Money Management

Psychiatry Clinic: SOAR's DHS CH. 35 Outpatient Psychiatry Clinic provides prescriber services to individuals in Madison and the surrounding Dane County Area who are living with mental illness and/or substance use concerns and are either enrolled in CCS or who have Medicaid (MA or MA with Care WI or iCare HMO's). Our Psychiatrist works directly with our consumers and their case managers in a collaborative, holistic manner to work to find creative solutions to individual challenges and concerns. Within our prescriber services SOAR offers medication management, diagnostic/psychiatric evaluations, and psychotherapy. Additionally, consumers have access to RN services including lab monitoring, medication assistance/administration, and basic physical health monitoring.

Recovery Dane: Recovery Dane provides community based Certified Peer Specialist services in one-on-one or groups settings. Our Wisconsin certified peers have the ability to lend unique insights and support to consumers living with mental illness and substance use concerns. SOAR sees Peers as an integral part of consumers treatment team during their recovery journey. Recovery Dane offers peers who are bilingual in Spanish and English as well as a peer who publically identifies as transgender.

Peer Lead Groups: Recovery Dane and Solstice House peers also facilitate multiple weekly groups including Coping with Anxiety and Depression, Hearing Voices, Writing your Way to Wellness, Radiance--peer support for transgender and non-binary people seeking mental health support, and are currently developing new offerings.

Solstice House: Solstice House opened in 2015 and is one of the three original Peer Run Respite in Wisconsin. Solstice House aims to provide a stable and supportive home-like environment run by, and for, individuals with lived experiences of mental health and/or substance use concerns. It provides short-term, residential support for individuals who may be experiencing an increase in symptoms or life stressors who are in need of support and services to aid in their overall recovery and wellness. Solstice House also offers a "Warm line" service to any Wisconsin Resident in need of telephonic or Zoom based peer support services. Warmline will be changing in 2022/23 with the implementation of the Statewide Warmline, in which Solstice House has played an integral part of planning and will provide services within.

SOAR is working toward physical health monitoring as defined in the CCS service array with a focus on education for management of physical health conditions exacerbated by mental illness. We plan to employ a part-time RN for the purpose of providing training and assistance to the CCS consumer to identify symptoms of physical health conditions, monitoring of physical health medications and treatments, and the development of skills related to monitoring and management of physical health concerns with the consumer and family members as identified by the consumer.

Steaming Ahead with Health Interventions, LLC

1955 W BROADWAY Street STE 105 MONONA, WI 53713 <i>Wheelchair Accessible</i>	Telephone: (608) 421-8386 Fax: Website: www.steamingaheadhi.com
Services Provided: * SERVICE FACILITATION (assessment/planning) * Individual Skill Development and Enhancement	Ages Served: 4 - 17 Service Location: Home, Office, Other Place of Service Service Limitations:
Service Description Steaming Ahead with Health Interventions uses various forms of science, technology, engineering, arts, and mathematics to teach and learn coping skills to youth.	

STEP TIME, INC.

2976 TRIVERTON PIKE Drive STE 110 FITCHBURG, WI 53711 2984 TRIVERTON PIKE Drive STE 101 FITCHBURG, WI 53711	Telephone: (608) 286-1037 Fax: (608) 561-8744 Website: www.steptimeinc2022.net
Services Provided: <ul style="list-style-type: none">* SERVICE FACILITATION (assessment/planning)* Employment-Related Skill Training* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Medication Management* Psychotherapy* Substance Abuse Treatment* Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Office, Other Place of Service Service Limitations: Unable to serve consumers in their homes
Service Description Step Time is a culturally aware outpatient facility that focuses on the client's present condition but also the past and how the client arrived here. We are an inclusive business, "ALL ARE WELCOME HERE!" Step Time is a Service Facilitation and Array agency that specializes in mental health, psychoeducation, psychotherapy, and SUD treatment. "We are a place for healing." Our clinicians have experience in various areas and will strive to ensure you receive the best and most comprehensive care. We walk with you on your recovery journey!! Our agency has a number of skill-based development specializations including but not limited to, housing employment, Substance use disorders, and medication management. Our moto is: Faith is the substance of things hoped for and the evidence of things not seen." We strive to make a difference in the lives of people who may have lost their way. We make a difference, we listen, we advocate, and we ensure our clients are heard!! We look forward to helping you on your journey of discovery!!!	

<p>1053 WILLIAMSON Street MADISON, WI 53703</p> <p>300 Femrite Drive Monona, WI 53716</p> <p>4915 MONONA DRIVE MONONA, WI 53716</p>	<p>715 RETHKE TERRACE MADISON, WI 53714</p> <p>Telephone: (608) 663-2120 Fax: (608) 222-6694 Website: www.tellurian.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	<p>Ages Served: 18 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> <p>Languages: Spanish</p> <p>State Certification: DHS 75.50 Certified</p>
<p>Service Description</p> <p>At Tellurian, we have over 50 years' experience providing services to adults living with mental health and/or substance use challenges. We understand that everyone's path to recovery is unique, and we work to provide services that are tailored to the individual's needs and wants. Tellurian CCS Programs:</p> <p>Community Intervention Team (CIT) – Service Facilitation team which is proud to provide individualized, strengths-based, and trauma-informed support to adults with mental health and/or substance use issues. Services include: crisis stabilization, medication management, money management, housing coordination, and Activities of Daily Living (ADL) skills. *Individuals connected with CIT may be able to utilize Psychiatry services depending on availability.</p> <p>Community Recovery Services (CRS) – Provides specialized substance use support via Service Facilitation and array services for individuals seeking recovery from substance use concerns. CRS supports clients through each stage of change and provides education to individuals and providers supporting those individuals. CRS provides harm reduction education as well as connections to medication assisted treatment, outpatient treatment, IOP, residential treatment and peer support services. They also provide support with employment searches, budgeting skills, connections to dental care and primary care.</p> <p>Outpatient Services – Our dually trained therapists at our Outpatient offices in Monona provide a wide array of counseling and assessment services for individuals with substances use and/or mental health issues. Our team provides individual, group, and/or family counseling when appropriate.</p> <p>Peer Advocate in Recovery (PAIR) - The PAIR Team provides community-based peer support services. We offer a team of diverse certified peer specialists, who can work side by side with individuals while assisting their peers in articulating their goals for recovery, learning and practicing new skills, helping them monitor their progress, supporting them in their treatment, modeling effective coping techniques and self-help strategies.</p> <p>Rethke – Provide Service Facilitation and array services (Individual Skill Development and Enhancement, Physical Health Monitoring, and Wellness Management and Recovery/Recovery Services) to individuals residing at 715 Rethke Avenue, which is a 60-unit Permanent Supportive Housing program.</p>	

THE HMONG INSTITUTE INCORPORATED

4402 FEMRITE Drive MADISON, WI 53716 <i>Wheelchair Accessible</i>	Telephone: (608) 692-8918 Fax: (608) 222-4903 Website: www.thehmonginstitute.org
Services Provided: * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Wellness Management and Recovery/Recovery Support Services	Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Hmong
Service Description We provide culturally and linguistically responsive services to Southeast and East Asian clients. We provide nontraditional psychosocial rehabilitative services such as the use of a monk, soul caller, or shaman to perform spiritual ceremony to unite the body and soul. These nontraditional services help restore the client's functional capabilities and increase community living ability as well as the ability to carry out activities associated with daily living. Service facilitation activities that we ensure the member receives are: bilingual assessment services, service planning, service delivery and supportive activities. We also provide psychotherapy, psychoeducation, and peer support services to promote wellness and self-direction, including individual skill development and enhancement services for problem solving, decision-making, self-regulation, daily living skills related to personal care, household tasks, financial management, and connecting to community resources and services.	

THE PSYCHOLOGY CLINIC, INC.

<p>702 N BLACKHAWK Avenue STE 109 MADISON, WI 53705 <i>Wheelchair Accessible</i></p> <p>2985 TRIVERTON PIKE Drive STE 201 FITCHBURG, WI 53711 <i>Wheelchair Accessible</i></p>	<p>Telephone: (608) 852-8585 Fax: (608) 238-1929 Website: www.thepsychologyclinicinc.com</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	<p>Ages Served: 4 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> <p>Languages: American Sign Language, Bulgarian, French, German, Macedonian, Mandarin, Russian, Serbian, Turkish</p> <p>State Certification: DHS 35 Certified DHS 75.49 Certified</p>
<p>Service Description</p> <p>The Psychology Clinic, Inc., is a multifaceted outpatient mental health clinic serving children, adolescents and adults. Our staff have extensive experience in crisis intervention services and we specialize in working with clients with complex mental health and situational needs. Some service array providers are also able to meet outside of regular business hours to meet client's mental health needs while continuing to meet their other demands. We have assembled a multidisciplinary team to provide a broad range of traditional and innovative professional services. Staff will be providing a variety of trauma informed approaches to services, including somatic experiencing, DBT, EMDR, IFS, TF-CBT, trauma informed weight lifting and yoga, and more. We have developed an approach that is designed to be responsive to people's needs in a wide variety of circumstances.</p> <p>Services:</p> <ul style="list-style-type: none"> • Culturally-sensitive psychotherapy for individuals, couples, families and groups. We work with clients wherever it is most effective do so – in our office or in their homes. We encourage clients to take an active role in shaping their counseling treatment plans. • Service facilitation for children, adolescents and adults. We pride ourselves in providing responsive, compassionate and individualized case management services. • Medication management with prescribing for youth and adults with experience including first episode psychosis. • Diagnostic Evaluations performed in a thorough and timely manner. • Psychoeducation for children, adolescents and adults provided in a setting designed to maximize effective learning for clients. • Family/Individual skill development and enhancement services for various needs including (but not limited to) organization, coping skills, social skills, community resources, employment seeking, time management, mental focus, emotional regulation, and problem-solving. • Substance abuse treatment for adolescents and adults. • Wellness management and recovery support services for clients of all ages. 	

TRIQUESTRIAN LLC

**996 STORYTOWN ROAD
BROOKLYN, WI 53521**

**6410 ENTERPRISE Lane
STE 210
MADISON, WI 53719
*Wheelchair Accessible***

Telephone: (608) 400-3672
Fax: (608) 422-4006
Website: www.triquestrian.com

Services Provided:

- * SERVICE FACILITATION (assessment/planning)
- * Diagnostic Evaluations
- * Employment-Related Skill Training
- * Individual and/or Family Psychoeducation
- * Individual Skill Development and Enhancement
- * Medication Management
- * Peer Support
- * Physical Health Monitoring
- * Psychotherapy
- * Substance Abuse Treatment
- * Wellness Management and Recovery/Recovery Support Services

Ages Served: 4 - 85+
Service Location: Home, Office, Other Place of Service
Service Limitations:
Languages: Mandarin
State Certification: DHS 75.50 Certified

Service Description

Office Based Services:

Triquestrian provides traditional office based psychotherapy for adolescents and adults. Our skilled therapists work with a variety of mental health and substance use issues including but not limited to Anxiety, Depression, BiPolar Disorder, Eating Disorders, Substance Use Disorders, Borderline Personality Disorder, Gender Identity, and Trauma. We tailor our services to meet the needs of each person we are working with utilizing CBT, DBT, Motivational Interviewing, Somatic Experiences, EMDR, and a variety of other approaches. We also provide Medication Management, Physical Health Monitoring, Individual Skill Development and Enhancement, Employment Related Skill Development, Individual and/or Family Psychoeducation, Psychotherapy and Substance Abuse Treatment. We are working to add Prescriber services, Peer Support, and Wellness Management and Recovery/Recovery Support Services. Triquestrian also provides Service Facilitation services helping connect individuals with resources in the community. Our Service Facilitators will work directly with the individual to identify goals and develop plans that fit their needs to reach their goals.

Equine Assisted Psychotherapy and Equine Assisted Learning Services:

Triquestrian also provides Equine Assisted Psychotherapy and Equine Assisted Learning. Our mission is to provide the community with opportunities for growth and learning through connection and relationship building with horses.

We focus on Trauma Focused – Equine Assisted Psychotherapy (TF-EAP™) utilizing Natural Lifemanship. TF-EAP™ is based on the neuroscience of human and horse brain development, the impact of trauma, and the role of relationships in recovery and healing. It is principle based with a focus on assisting participants to create new neural pathways while learning regulation strategies in a trauma focused approach. TF-EAP™ Relationship Logic™ services focus on developing healthy relationship patterns by building a relationship with a horse focused on felt sense of safety, regulation, and connection for all. No riding is involved and no horse experience is required. Our TF-EAP™ Rhythmic Riding program focuses on helping participants deepen their sense of connection with themselves and their horse while experiencing somatosensory input through bottom up regulation thereby creating and strengthening neural pathways.

TRUE BELIEVERS, LLC

8383 GREENWAY Boulevard
STE 600
MIDDLETON, WI 53562
Wheelchair Accessible

2984 TRIVERTON PIKE DRIVE
STE 103
FITCHBURG, WI 53711

2976 TRIVERTON PIKE DRIVE
STE 207
FITCHBURG, WI 53711

Telephone: (608) 826-7448

Fax: (608) 467-2435

Website:

Services Provided:

- * SERVICE FACILITATION (assessment/planning)
- * Individual and/or Family Psychoeducation
- * Individual Skill Development and Enhancement
- * Medication Management
- * Psychotherapy
- * Substance Abuse Treatment

Ages Served: 18 - 79

Service Location: Home, Office, Other Place of Service

Service Limitations:

Languages: Mandarin

State Certification: DHS 35 Certified

Service Description

True Believers, LLC is an agency that provides intensive case management and service facilitation to adults of all ages in Dane County. Our staff consists of licensed substance abuse and mental health providers with over 20 years experience providing case management and advocacy to consumers. We believe that our consumers have the right to be treated with the upmost dignity and respect in all aspects of their lives. Our belief system is meet people where they are and help them improve optimum living and well being. Our agency strives to meet our consumers hierarchy of needs by addressing issues that they face such as housing, lack of employment, no insurance, lack of support, legal problems, unresolved health concerns, and many more.

WISCONSIN FAMILY MENTAL BALANCE LLC

555 D'ONOFRIO Drive STE 201 MADISON, WI 53719 <i>Wheelchair Accessible</i>	Telephone: (608) 820-1395 Fax: Website: www.wisconsinfamilymentalbalance.com
Services Provided: <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services 	Ages Served: 4 - 85+ Service Location: Office Service Limitations:
Service Description <p>We provide a structured behavior modification plan. We help by modifying the environment in such a way that you have more incentive to follow the rules. "The altering of behavioral patterns through the use of such learning techniques as biofeedback and positive or negative reinforcement," according to the definition of behavior modification. Simply stated, you can use positive and negative consequences to influence your child's behavior.</p> <p>Group Sessions (FOCUS group, RETENTION group) We help educate people the tools and abilities they need to maintain their attention in a school environment and retain the lessons that were taught by the teacher</p>	